



San Bruno

Parks & Recreation Services Department

Summer 2008

Recreation Activity Guide

We create community through people, parks & programs.



The San Bruno Parks & Recreation Services Department is committed to providing quality programs and services to benefit the health and well-being of the community.

Table of Contents

Adult Classes.....	28-33
Adult Sports.....	29
Adults 50+.....	34-39
Aquatics.....	11-16
Children Classes.....	20-25
City Parks Map.....	6
Class Locations.....	2
Commissioners.....	4
Community Groups.....	43
Exercise Room Information.....	29
Facility Rental Information.....	5
Flea Markets.....	Back Cover
Leader In Training Program.....	18
Open Gym Hours.....	29
Outdoor Adventure.....	27
Park Rental Information.....	5
Preschool Classes.....	20-25
Preschool Open Gym.....	22
Registration Form.....	42
Registration Information.....	41
Special Events.....	7
Special Needs.....	26
Sports Contacts.....	43
Summer Day Camps.....	8-10
Summer Day Camp Health Information Form.....	40
Summer Playground Program.....	19
Summer Specialty Camps.....	16-19
Teen Events.....	26
Volunteer Water Safety Aids.....	16
Youth Enhancement Scholarship Program.....	3

Creating Community through People, Parks and Programs

WE strengthen community image and sense of place
WE support economic development
WE strengthen safety and security
WE promote health and wellness
WE foster human development
WE increase cultural unity
WE protect environmental resources
WE provide recreational experiences
WE facilitate community problem solving

To get your own copy of the profession's strategic plan, visit CPRS' website at www.cprs.org

Class Locations

Allen School: 875 W. Angus
 Bay Badminton Center: 1611 Adrian Rd. Brulingame
 Belle Air Community Center: 400 3rd Avenue
 Cahill's Judo Academy: 635 San Mateo Avenue
 Chetcuti Room: 450 Poplar Ave, Millbrae
 Forest Hill Christian Church: 250 Laguna Honda Blvd. SF
 Bellafatto Gym: 1111 Arguello Street, Redwood City
 Dojo USA: 731 Kains Avenue, San Bruno
 Grundy Park: Cherry & Park Avenues
 Ice Center: 2202 Bridgepointe Parkway, San Mateo
 Millbrae Recreation Center: 477 Lincoln Circle, Millbrae
 Monte Verde Elem. School: 2551 St. Cloud Drive
 Planet Granite: 100 El Camino Real, Belmont
 Portola Elem. School: Amador & Lake Drive
 Veterans Memorial Recreation Center: City Park -
 251 City Park Way (Crystal Springs @ Oak Ave.)
 SSF Municipal Building, 33 Arroyo Drive, SSF
 Tanforan Professional Center: 1405 B Huntington,
 So. San Francisco

68th Annual Posy Parade Sunday, June 1, 2008

Parade begins on San Mateo Avenue and ends in San Bruno City Park. For additional information, contact the San Bruno Chamber of Commerce at 650-588-0180.

GENERAL INFORMATION

San Bruno City Council

Larry Franzella, Mayor
Irene O'Connell, Vice Mayor
Ken Ibarra, City Council Member
Rico E. Medina, City Council Member
Jim Ruane, City Council Member

Connie Jackson, City Manager

The City Council meets the 2nd & 4th Tuesdays of each month at 7:00pm. Council meetings are held at the San Bruno Senior Center.

Parks & Recreation Commission

Lucy Zamattia, Chair
Laura Davis, Vice Chair
Lorry Greenberg
Tom Lara
Stephan Marshall
David Nigel
Greg Pierce
Bob Stanton
Amanda Estelita, Youth Representative

The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30pm. Commission Meetings are held at San Bruno City Hall, Room #115.

Parks & Recreation Services Staff

Wendy Mines, Interim Parks & Recreation Services Director
Danielle Brewer, Recreation Services Manager
Mary Tessier, Recreation Services Supervisor
Jennie Tucker, Recreation Services Supervisor
Dee Fabela, Recreation Services Supervisor
Steve Freitas, Acting Buildings & Facilities Manager
Jeff Madonich, Acting Parks Manager
Jackie Mattias, Executive Assistant
Vacant, Secretary
Gloria Deeter, Nutrition Manager
Susan McCaman, Social Services Coordinator
Ron Miles, Senior Bus Driver

Office Locations:

Veterans Memorial Recreation Center

251 City Park Way
Phone: (650) 616-7180
Fax: (650) 583-2545
Business Hours
Monday - Thursday 8:00am - 9:00pm
Friday 8:00am - 5:00pm
Saturday & Sunday 9:00am - 1:00pm

Mailing Address

567 El Camino Real
San Bruno, CA 94066

Parks Division

1125 Crystal Springs Avenue
Phone: (650) 616-7180
Fax: (650) 225-9314

Senior Center

1555 Crystal Springs Road
Phone: (650) 616-7150
Fax: (650) 589-8219
Business Hours
Monday - Friday 8:00am - 4:00pm

Field Condition Hotline

(650) 616-7188

Website

www.sanbruno.ca.gov

Youth Enhancement Scholarship Program for Recreation Programs & Services

This scholarship fund is designed for youth ages 17 and under who are San Bruno Residents seeking financial assistance for recreation programs and activities. For additional information, please contact Danielle at the San Bruno Parks & Recreation Services Department at 650-616-7182. Proof of residency is required at time of application.

PARKS AND RECREATION COMMISSIONERS

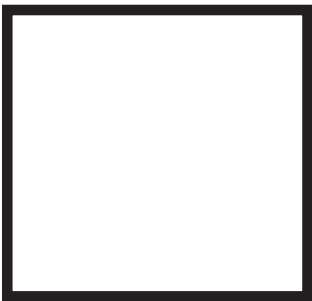


Back Row: Stephan Marshall, Greg Pierce, Chair Lucy Zamattia, Bob Stanton

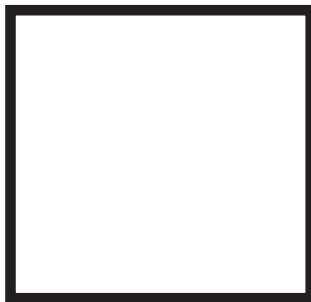
Middle Row: Tom Lara, Vice-Chair Laura Davis, David Nigel

Front Row: Youth Representative Amanda Estelita, Lorry Greenberg

SENIOR CITIZENS ADVISORY BOARD



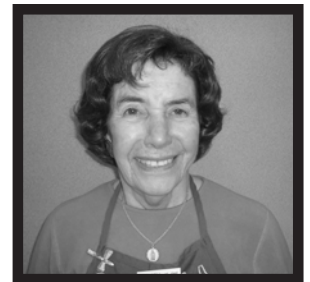
**Dale Sly
Chair**



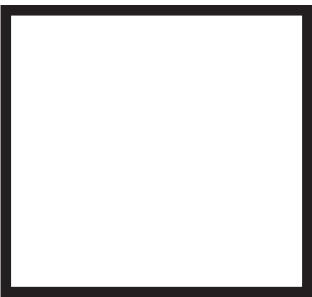
**Dorothy Carmichael
Vice Chair**



**Bill Goff
Committee Member**



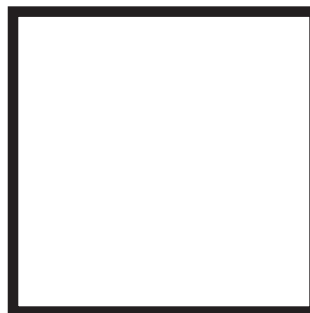
**Elisa GERALDI
Committee Member**



**Loretta Groulx
Committee Member**



**Barbara Luzaich
Committee Member**



**Arland Sponsler
Committee Member**



PICNIC SITE RENTAL INFORMATION

San Bruno City Park Areas

Small Areas (Areas 1-6 & 8-11):	\$85 Resident, \$165 Non-resident (Per Site - March 1-October 31) \$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)
Medium Areas (Areas 7 & 12):	\$95 Resident, \$190 Non-resident (Per Site - March 1-October 31) \$50 Resident, \$95 Non-resident (Per Site - November 1-February 29)
Large Area: (Beckner Shelter - Area 14):	\$300 Resident, \$600 Non-resident (March 1-October 31) \$150 Resident, \$300 Non-resident (November 1-February 29)

Commodore Park Rental Areas

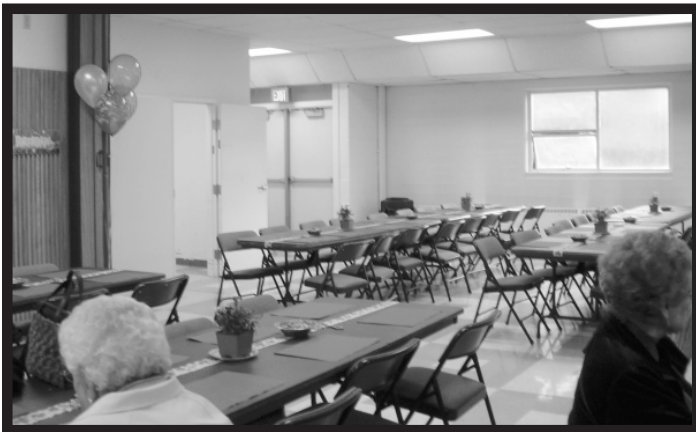
Small Areas (Areas 1-3):	\$85 Resident, \$165 Non-resident (Per Site - March 1-October 31) \$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)
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Grundy Park Rental Areas

Small Area (Area 1):	\$85 Resident, \$165 Non-resident (Per Site - March 1-October 31) \$40 Resident, \$85 Non-resident (Per Site - November 1-February 29)
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FACILITY INFORMATION New Prices Effective May 1

Facilities are available for reservation at the San Bruno Veterans Memorial Recreation Center and San Bruno City Park. Apply in person at the Recreation Center Office located in San Bruno City Park, 251 City Park Way, Monday through Thursday from 8:30am to 8:30pm, Friday from 8:30am to 4:30pm, and Saturday & Sunday from 9:30am to 12:30pm. For further information, call (650) 616-7180.



Meeting Room Rental Fees

(1st four hours): \$250 Resident, \$313 Non-resident
(each additional hour): \$50 Resident, \$63 Non-resident
(cleaning/security deposit): \$400

1/2 Meeting Room Rental Fees

(1st four hours): \$125 Resident, \$175 Non-resident
(each additional hour): \$25 Resident, \$31 Non-resident
(cleaning/security deposit): \$200

Gymnasium Rental Fees

(Per Hour): \$95 Resident, \$190 Non-resident
(cleaning/security deposit): \$100















































































Conference Room Rental Fees

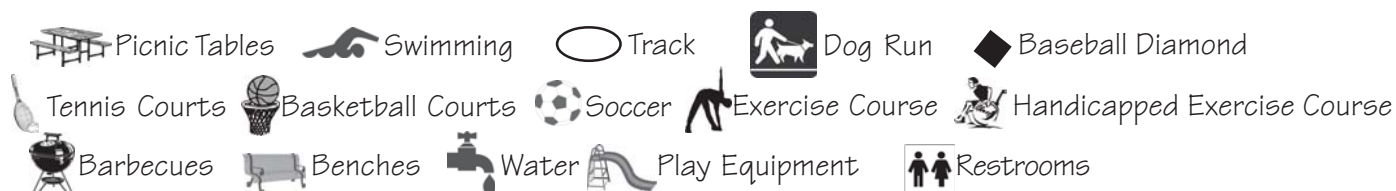
(1st three hours): \$45 Resident
(each additional hour): \$14 Resident
(cleaning/security deposit): \$100

San Bruno Senior Center

Nestled in the natural setting of San Bruno Park, the San Bruno Senior Center offers nearly 5,000 square feet of floor space in the multipurpose room along with a spacious kitchen. Reservations must be made at the Senior Center, Monday through Friday from 8:30am-3:30pm. For further information, call Wendy Mines, Recreation Services Manager, at (650) 616-7151.

PARK INFORMATION

		Acres	
Bayshore Circle Park	N. Bayshore Circle	1	  
Belle Air Field/Lions Park	S. End 1 st & 3 rd Aves.	3	    
Buckeye Park	Rosewood Dr. near Madison Ave.	7	   
Catalpa Tot Lot	Catalpa @ Toyon Ways	1/2	 
City Park	Crystal Springs @ Oak Aves.	31	          
Commodore Park	Commodore Dr. @ Cherry Ave.	4	      
Crestmoor High Athletic Fields	Top of Courtland Dr.	12	     
Earl & Glenview Park	Earl Ave. @ Glenview Dr.	2	
Fleetwood Tot Lot	Fleetwood near Rollingwood Drs.	1/2	  
Forest Lane Park	Forest Ln. @ Green Ave.	4	    
Grundy Park	Cherry & Park Aves.	4	      
Herman Tot Lot	Diamond & Herman Sts.	1/4	 
Lomita Park	500 San Anselmo Ave.	1/4	  
Monte Verde Park	Oakmont @ Evergreen Drs.	5	  
Pacific Heights Park	Longview @ Goodwin Drs.	5	    
Ponderosa Park	Pacific Heights Blvd. @ Seacliff Way	4	  
Posy Park	San Mateo @ Huntington Aves.	1/4	
7 th Ave. Park	7th @ Angus.	1/2	   
7 th & Walnut	7th @ Walnut Aves.	1	   



SPRING & SUMMER EVENTS



Friday Evenings 6:00pm in San Bruno City Park

August 1	The Sun Kings
August 8	Busta Groove
August 15	The Refugees
August 22	Stompy Jones
August 29	Night Fever

Beatles Tribute
Party & Dance Music
Tom Petty Tribute
Swing & Jumping Jazz
Dance Music

Join us for the 6th Annual San Bruno Community Night at SBC Park

Friday, August 8
San Francisco Giants take on
the Los Angeles Dodgers
7:15 pm Game Time
Tickets: \$30 each (Bleachers)

Show your team spirit by getting a group of people together and cheering on the Giants! Tickets available beginning April 7 at the San Bruno Recreation Services Department.

For additional information,
contact 616-7183.

The City of San Bruno
and
The Culture & Arts Commission
present

Movies in the Park

September 12, 19 & 26
San Bruno Park Rotary Pavilion

**Check the 2008 Fall Parks and
Recreation Activity Guide for
more information**

Call 650-616-7017 for more
information.

**New Hot Lunch Program
See Details Below**

Mini Kaleidoscope

Ages 4-5 years

Mini Kaleidoscope campers...get ready for some fun!!! Campers will explore the thrill and fascination of exploring the world around them. Children will enjoy arts & crafts, games, camp songs, special events, wild life animal presentations, magic shows, and more. Activities for each week will be focused around a special theme. A weekly schedule will be distributed to each camper on the first day of each session. Morning or full day sessions are available to children ages 4-5 years old. Children should bring a bag lunch every day unless otherwise noted on the session schedule. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park, Tots Room

Leaders: Recreation Staff

•••••
• Cost Includes: Camp T-shirt, •
• Friday BBQ and all supplies! •
•••••

MORNING SESSION ONLY

Cost: \$73 Resident, \$88 Non-resident

\$60 Resident, \$75 Non-resident (**Session 3 only**)

Morning Session 1

2600.301 M-F 10am-1pm 6/16-6/20

Morning Session 2

2600.302 M-F 10am-1pm 6/23-6/27

Morning Session 3 (No camp 7/4)

2600.303 M-F 10am-1pm 6/30-7/3

Morning Session 4

2600.304 M-F 10am-1pm 7/7-7/11

Morning Session 5

2600.305 M-F 10am-1pm 7/14-7/18

Morning Session 6

2600.306 M-F 10am-1pm 7/21-7/25

Morning Session 7

2600.307 M-F 10am-1pm 7/28-8/1

Morning Session 8

2600.308 M-F 10am-1pm 8/4-8/8

Morning Session 9

2600.309 M-F 10am-1pm 8/11-8/15

Morning Session 10

2600.310 M-F 10am-1pm 8/18-8/22

FULL DAY SESSION

Cost: \$131 Resident, \$146 Non-resident

\$106 Resident, \$121 Non-resident (**Session 3 only**)

Full Day Session 1

2601.301 M-F 10am-4pm 6/16-6/20

Full Day Session 2

2601.302 M-F 10am-4pm 6/23-6/27

Full Day Session 3 (No camp 7/4)

2601.303 M-F 10am-4pm 6/30-7/3

Full Day Session 4

2601.304 M-F 10am-4pm 7/7-7/11

Full Day Session 5

2601.305 M-F 10am-4pm 7/14-7/18

Full Day Session 6

2601.306 M-F 10am-4pm 7/21-7/25

Full Day Session 7

2601.307 M-F 10am-4pm 7/28-8/1

Full Day Session 8

2601.308 M-F 10am-4pm 8/4-8/8

Full Day Session 9

2601.309 M-F 10am-4pm 8/11-8/15

Full Day Session 10

2601.310 M-F 10am-4pm 8/18-8/22

SUMMER CAMP HOT LUNCH!

By NOB HILL CATERING, Inc.

New for Summer 2008!! Want a convenient way for your child to eat this summer without the hassle of preparing a bag lunch everyday? The Lunchmaster program has released a menu for the summer day camp. Sign-ups are only available through Nob Hill. Children enjoy the meals with guaranteed healthy and fresh ingredients and the lunches will be convenient for field trip days as well. Meals are \$4.25 and you can order online. The food is delivered to the San Bruno Parks & Recreation Services Department right at the lunch hour! About the meals: *ServSafe certified, a widely accepted food safety program and a California food safety requirement. All of the meals comply with the California SB12, SB19 & SB965. The meals contain whole grains, organize, produce and meat that is free of hormones and antibiotics and all meals are always trans fat free. For more information contact Nob Hill Catering, Inc at 650-596-8008 or lunchmaster@nobhillcatering.com To sign up please visit Nob Hill on the web at: www.nobhillcatering.com

Sign up for all 10 sessions and
receive a 15% discount!

Morning Session Only

\$584 Resident, \$719 Non-resident

Code: 2600.311

Full Day Session

\$1025 Resident, \$1310 Non-resident

Code: 2601.311

No Refunds Allowed for Individual Sessions.

Sign up before July 1 and receive
10% off your second child!

Camp Kaleidoscope

Ages 6-10 years old (or entering 1st Grade)

Camp will offer youth, ages 6-11 years old, a wide range of activities to keep them active during the summer months. There will be ten sessions of camp, each one week in length. Five sessions will have a featured field trip and five sessions will have a special event or a wild life animal presentation. All costs, including transportation by charter bus for the featured trip, are included in the cost of the camp program. Children will also enjoy activities such as arts & crafts, outdoor games, indoor games, music & drama, special events, cooking projects, BBQ's, bowling, movies, swimming, hiking, and much more. A schedule will be given out the first day of each session. Children will be divided into age groups. Each group will be assigned a leader and a junior leader or leader in training. Each day, campers should bring a bag lunch, and wear tennis shoes and a sweatshirt. Please be sure all items are clearly labeled with the camper's name. Participants must have Health Information Form on file PRIOR to participation in camp. Extended care available. No camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park

Leaders: Recreation Staff

See Page 8 for New Lunch
Program Information

• • • • •
• Cost Includes: Camp T-shirt,
• Friday BBQ, field trip fees,
• and all supplies!
• • • • •

REGULAR CAMP SESSION

Cost: \$131 Resident, \$146 Non-resident

\$106 Resident, \$121 Non-resident (**Session 3 only**)

Session 1

3607.301 M-F 10am-4pm 6/16-6/20

Session 3 No Camp 7/4

3607.303 M-F 10am-4pm 6/30-7/3

Session 5

3607.305 M-F 10am-4pm 7/14-7/18

Session 7

3607.307 M-F 10am-4pm 7/28-8/1

Session 9

3607.309 M-F 10am-4pm 8/11-8/15

FIELD TRIP CAMP SESSION

Cost: \$154 Resident, \$169 Non-resident

Session 2 - Exploratorium - San Francisco

3607.302 M-F 10am-4pm 6/23-6/27

Session 4 - Nickel City - San Jose

3607.304 M-F 10am-4pm 7/7-7/11

Session 6 - Newark Indoor Water Park

3607.306 M-F 10am-4pm 7/21-7/25

Session 8 - Pump It Up - Belmont

3607.308 M-F 10am-4pm 8/4-8/8

Session 10 - Ice Chalet - San Mateo

3607.310 M-F 10am-4pm 8/18-8/22

Sign up for all 10 sessions and
receive a 15% discount!

\$1175 Resident, \$1308 Non-resident

Code: 3607.311

No Refunds Allowed for Individual Sessions.

Sign up before July 1 and receive
10% off your second child!

Daily Rates for Mini Kaleidoscope, Camp Kaleido- scope & Adventure Camp

\$36 per day resident
\$45 per day non-resident (minimum 3 days)

Must be pre-registered five (5) days
prior (Wednesday) to session start day.

No discounts apply

Adventure Camp

Ages 11-14 years

Come join the excitement of Adventure Camp with the San Bruno Parks and Recreation Services Department. Adventure Camp is designed for kids who have outgrown day camp but are looking for fun during the summer. Field trips will include movies, bowling, ice skating, miniature golf, swimming, pizza parties, video game arcades, and featured trips such as Great America. Camp participants will meet in San Bruno City Park in the Rotary Pavilion area daily and will depart for field trips from there. Transportation for local trips will be by Sam Trans or walking. A schedule will be provided on the first day of each session. Participants must have a Health Information Form on file PRIOR to participation in camp. Extended care available. No Camp 7/4.

Cost: Varies (See below for session pricing and special offers)

Location: San Bruno City Park, Rotary Pavilion area

Leaders: Recreation Staff

Cost Includes: Camp T-shirt,
Friday BBQ, field trip fees,
and all supplies!

See Page 8 for New Lunch
Program Information

REGULAR CAMP SESSION

Cost: \$142 Resident, \$157 Non-resident

\$113 Resident, \$128 Non-resident (**Session 3 only**)

Session 1

4600.301 M-F 10:00am-4:00pm 6/16-6/20

Session 3 No Camp 7/4

4600.303 M-F 10:00am-4:00pm 6/30-7/3

Session 5

4600.305 M-F 10:00am-4:00pm 7/14-7/18

Session 7

4600.307 M-F 10:00am-4:00pm 7/28-8/1

Session 9

4600.309 M-F 10:00am-4:00pm 8/11-8/15

FIELD TRIP CAMP SESSION

Cost: \$168 Resident, \$183 Non-resident

Session 2 - Exploratorium

4600.302 M-F 10:00am-4:00pm 6/23-6/27

Session 4 - Nickel City

4600.304 M-F 10:00am-4:00pm 7/7-7/11

Session 6 - Newark Indoor Water Park

4600.306 M-F 10:00am-4:00pm 7/21-7/25

Session 8 - Great America

4600.308 M-F 10:00am-4:00pm 8/4-8/8

Session 10 - Ice Chalet - San Mateo

4600.310 M-F 10:00am-4:00pm 8/18-8/22

Sign up before July 1 and receive
10% off your second child!

Sign up for all 10 sessions and
receive a 15% discount!
\$1217 Resident, \$1344 Non-resident
Code: 4600.311
No Refunds Allowed for Individual Sessions.

Morning + Afternoon Camp Plus!

Extended Care is designed for parents who need additional care or for campers who just can't get enough camp. Campers will play games, make arts and crafts, and play at the park. Extended Care is open to children enrolled in Camp Kaleidoscope, Mini Kaleidoscope, and Adventure Camp. No Camp 7/4.

Cost: \$30 Residents, \$38 Non-residents

\$24 Resident, \$30 Non-resident (**Session 3 only**)

Location: San Bruno City Park, Teen Room

Leaders: Recreation Staff

Sign up for all 10 sessions and receive a 15% discount.

\$243 Resident, \$303 Non-res

Code: 3608.311 (Morning)

Code: 3606.311 (Afternoon)

Daily Drop In (per day & session)

\$7 Resident, \$9 Non-resident

	Morning Extended 7:30-10am	Afternoon Extended 4-6pm
Session 1	3608.301 6/16-6/20	3606.301 6/16-6/20
Session 2	3608.302 6/23-6/27	3606.302 6/23-6/27
Session 3	3608.303 6/30-7/3	3606.303 6/30-7/3
Session 4	3608.304 7/7-7/11	3606.304 7/7-7/11
Session 5	3608.305 7/14-7/18	3606.305 7/14-7/18
Session 6	3608.306 7/21-7/25	3606.306 7/21-7/25
Session 7	3608.307 7/28-8/1	3606.307 7/28-8/1
Session 8	3608.308 8/4-8/8	3606.308 8/4-8/8
Session 9	3608.309 8/11-8/15	3606.309 8/11-8/15
Session 10	3608.310 8/18-8/22	3606.310 8/18-8/22

Aquatics 2008

Schedules and Programs!

Swimming Pool Phone Number (650) 616-7191

2008 Season: June 14 - September 18

The San Bruno City Park Pool is located at Crystal Springs and Oak Avenues in San Bruno City Park, adjacent to the Veteran's Memorial Building. The pool is an "L" shape, 25x20 yards, 3 to 10 feet deep, and heated to approximately 83 degrees. The facility also has a toddler pool approximately 1 foot deep. Each child utilizing the toddler pool must be accompanied and directly supervised by a paying adult. If special assistance is needed, please notify the Pool Staff. No floatation devices of any kind are allowed.

LAP SWIM HOURS

(ALL SWIMMERS MUST SWIM LAPS)

Swimming is one of the best "overall" total body workouts you can do to tone muscles, ease tension, reduce stress and lose weight. Lap lanes are available during below listed lap swim hours. Swimmers must swim laps.

June 14 - September 18

Monday-Thursday 8:15pm-9:15pm
Saturday & Sunday 11:15am-12:45pm
(No PM Lap Swim 7/10 & 8/14)

June 16 - August 21

Monday-Thursday 6:30am-8:00am

FEES:

Drop In \$4
10 Swim Punch Pass \$35 Resident, \$38 Non-resident
Season Lap Swim Pass \$196 Resident, \$211 Non-resident

All lap swim passes and water aerobic passes issued in 2008 must be used during the 2008 swim season.

WATER AEROBICS

Come get a zero - low impact workout at your own pace. Instructors teach exercises for all abilities. All participants able to stand comfortably in 4 feet of water are welcome. This is a structured class. No recreation swimming is allowed. Ages 12 & over.

June 9 - September 18

Monday-Thursday 7:00pm-8:00pm
Saturday 7:55am-8:55am
(No PM Class 7/10 & 8/14)

June 16 - August 21

Monday - Friday 8:10am-9:10am

FEES:

Drop-In: \$4.50
10 Use Punch Pass: \$40 Resident, \$42 Non-resident
Season Pass: \$225 Resident, \$240 Non-resident

RECREATIONAL SWIMMING

Recreational swim is open to people of all ages. Children 10 years and younger must be under the supervision of a paying adult, 18 years of age or older. All patrons entering pool area must pay fee.

June 14 - August 24

Monday-Thursday 12:30pm-3:30pm
Friday, Saturday & Sunday 1:00pm-4:00pm

August 30 - September 14

Saturday & Sunday 1:00pm-4:00pm

FEES:

0-2 years: Free
3-54: \$3
55-over \$2.50
Family (up to 5 people): \$12
25 Use Punch Pass: \$62.50
50 Use Punch Pass: \$125
Recreation Swim Season Pass:
\$280 Resident, \$295 Non-resident

JULY 4TH & LABOR DAY SCHEDULE

Water Aerobics 10:00am-11:00am
Lap Swim 11:15am-12:45pm
Recreation Swim 1:00pm-4:00pm

SWIMMING POOL RENTAL

The Swimming Pool is available for private parties on Fridays, Saturdays and Sundays during the season from 4:30pm to 6:30pm. Apply in person at the Recreation Center Office. For further information, call (650) 616-7180.

JULY IS PARKS AND RECREATION MONTH!

FREE SWIM DAY!

Saturday, July 26
1:00 pm - 4:00 pm

Join the San Bruno Park Pool Staff for a free swim in honor of Parks and Recreation Month.

Aquatics 2008

Swimming Lessons:

\$ 54 Resident, \$ 68 Non-resident (Mon.-Thurs. Lessons- 8 Lessons)

\$ 33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons)

***\$47 Resident, \$ 59 Non-resident (Session 7)**

This summer, the San Bruno Parks and Recreation Department is offering multiple options for swimming lessons. Group swim lessons will consist of eight half hour swim lessons in groups of up to seven children with one teacher. Saturday lessons will consist of four half hour swim lessons in groups of up to seven children. Private swim lessons will consist of four half hour lessons with one child and one teacher. If you have any questions regarding the lessons, feel free to call Jennie Tucker, Recreation Services Supervisor, at 650-616-7184 or after June 14, call San Bruno Park Pool at 650-616-7191.

LESSONS FOR 6 MONTHS TO 3-YEAR OLDS

PRE-TINY TOTS (PARENT/GUARDIAN INVOLVEMENT MANDATORY)

The Pre-Tiny Tot class is designed for children 6 - 35 months (6 months to 2 years 11 months) and their parent/adult. This class is held in the big pool and will teach adults basic water adjustment and safety skills for their children. This is an orientation to swim lessons. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	11:15-11:45am		1401.302	1401.303	1401.304	1401.305	1401.306
M-Th	5:45-6:15pm	1402.301	1402.302	1402.303	1402.304	1402.305	1402.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	5:45-6:15pm	1401.307	1401.308

Days	Times	Session 1 6/14-7/5	Session 2 7/12-8/2
Sat	9:30-10:30	1403.301	1403.302
Sat	10:00-10:30am	1404.301	1404.302
Sat	10:30-11:00am	1405.301	1405.302

TINY TOTS (NO PARENT/GUARDIAN INVOLVEMENT)

The Tiny Tots classes are for children comfortable in a structured class setting with no parent involvement. This entry-level class is taught primarily in 1 foot of water and will teach the toddlers to become comfortable in the water. 3 Years Only. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	10:45-11:15am		1501.302	1501.303	1501.304	1501.305	1501.306
M-Th	11:45am-12:15pm		1502.302	1502.303	1502.304	1502.305	1502.306
M-Th	4:45-5:15pm		1503.302	1503.303	1503.304	1503.305	1503.306
M-Th	5:45-6:15pm	1504.301	1504.302	1504.303	1504.304	1504.305	1504.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	4:45-5:15pm	1501.307	1501.308

Days	Times	Session 1 6/14-7/5	Session 2 7/12-8/2
Sat	9:00-9:30am	1505.301	1505.302
Sat	9:30-10:00 am	1506.301	1506.302
Sat	10:00-10:30am	1507.301	1507.302
Sat	10:30-11:00 am	1508.301	1508.302

SUPER TINY TOTS (NO PARENT/GUARDIAN INVOLVEMENT)

This class is designed for children ages 3 years old who are already comfortable in the water and can completely submerge their head under water. **This class will be taught in the big pool.** Children must have completed the Tiny Tot level and be comfortable in the big pool prior to enrolling. This is a perfect class for toddlers that can swim on their own, but are too young for the Level 1 class. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	9:15-9:45am		1601.302	1601.303	1601.304	1601.305	1601.306
M-Th	11:15-11:45am		1602.302	1602.303	1602.304	1602.305	1602.306
M-Th	6:15-6:45pm	1603.301	1603.302	1603.303	1603.304	1603.305	1603.306

Aquatics 2008

Swimming Lessons:

\$ 54 Resident, \$ 68 Non-resident (Mon.-Thurs. Lessons- 8 Lessons)

\$ 33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons)

***\$47 Resident, \$ 59 Non-resident (Session 7)**

LESSONS FOR AGES 4 & UP

LEVEL 1: WATER EXPLORATION

Prerequisite: 4 years old. At this level, students will learn to put their face in the water and enjoy the water safely. To pass this level, children must swim 5 yards independently. The course is taught primarily in the 3 ½ foot area of the pool. Ages 4 - 11 years. (We recommend beginners 12 and older schedule an Adult Lesson or Private Lesson.) No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	9:15-9:45am		0101.302	0101.303	0101.304	0101.305	0101.306
M-Th	9:45-10:15am		0102.302	0102.303	0102.304	0102.305	0102.306
M-Th	10:15-10:45am		0103.302	0103.303	0103.304	0103.305	0103.306
M-Th	10:45-11:15am		0104.302	0104.303	0104.304	0104.305	0104.306
M-Th	11:45am-12:15pm		0105.302	0105.303	0105.304	0105.305	0105.306
M-Th	3:45-4:15pm		0106.302	0106.303	0106.304	0106.305	0106.306
M-Th	4:15-4:45pm		0107.302	0107.303	0107.304	0107.305	0107.306
M-Th	4:45-5:15pm		0108.302	0108.303	0108.304	0108.305	0108.306
M-Th	6:15-6:45pm	0109.301	0109.302	0109.303	0109.304	0109.305	0109.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	4:45-5:15 pm	0108.307	0108.308
M-Th	5:45-6:15pm	0109.307	0109.308
M-Th	6:15-6:45pm	0110.307	0110.308



LEVEL 2: PRIMARY SKILLS

Prerequisite: Completion of Level 1 or can swim 5 yards on their own. To pass this level, students must swim 20 yards of front crawl and 20 yard of back crawl. This class is often repeated. Ages 4 - over. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	9:45-10:15am		0201.302	0201.303	0201.304	0201.305	0201.306
M-Th	10:15-10:45am		0202.302	0202.303	0202.304	0202.305	0202.306
M-Th	10:45-11:15am		0203.302	0203.303	0203.304	0203.305	0203.306
M-Th	11:15-11:45am		0204.302	0204.303	0204.304	0204.305	0204.306
M-Th	11:45am-12:15 pm		0205.302	0205.303	0205.304	0205.305	0205.306
M-Th	3:45-4:15 pm		0206.302	0206.303	0206.304	0206.305	0206.306
M-Th	4:15-4:45pm		0207.302	0207.303	0207.304	0207.305	0207.306
M-Th	4:45-5:15pm		0208.302	0208.303	0208.304	0208.305	0208.306
M-Th	5:15-5:45pm	0209.301	0209.302	0209.303	0209.304	0209.305	0209.306
M-Th	6:15-6:45pm	0210.301	0210.302	0210.303	0210.304	0210.305	0210.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	4:45-5:15 pm	0208.307	0208.308
M-Th	5:15-5:45 pm	0209.307	0209.308
M-Th	6:15-6:45pm	0210.307	0210.308

Aquatics 2008

Swimming Lessons:

\$ 54 Resident, \$ 68 Non-resident (Mon.-Thurs. Lessons- 8 Lessons)

\$ 33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons)

***\$47 Resident, \$ 59 Non-resident (Session 7)**

LESSONS FOR AGES 4 & UP

LEVEL 3: STROKE READINESS

Prerequisite: Level 2 certificate or can swim 20 yards front crawl independently. Students must be able to tread water and be comfortable in deep water prior to enrollment. This class focuses on stroke and side breathing refinement. The course is taught in the 4-5 foot area of the pool. Ages 4 - over. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	9:15-9:45am		0301.302	0301.303	0301.304	0301.305	0301.306
M-Th	10:45-11:15am		0302.302	0302.303	0302.304	0302.305	0302.306
M-Th	11:45am-12:15pm		0303.302	0303.303	0303.304	0303.305	0303.306
M-Th	3:45-4:15pm		0304.302	0304.303	0304.304	0304.305	0304.306
M-Th	4:15-4:45pm		0305.302	0305.303	0305.304	0305.305	0305.306
M-Th	5:15-5:45pm	0306.301	0306.302	0306.303	0306.304	0306.305	0306.306
M-Th	6:15-6:45pm	0307.301	0307.302	0307.303	0307.304	0307.305	0307.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	5:15-5:45pm	0308.307	0308.308

LEVEL 4: STROKE DEVELOPMENT

Prerequisite: Level 3 certificate. This class includes "lap swimming". Students must be able to swim 25 yards comfortably. Students continue to refine learned strokes and are introduced to breaststroke, sidestroke, and turning at the wall. The course is taught in the 5-10 foot area. Ages 4 - over. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	9:45-10:15am		0401.302	0401.303	0401.304	0401.305	0401.306
M-Th	10:45-11:15am		0402.302	0402.303	0402.304	0402.305	0402.306
M-Th	4:15-4:45pm		0403.302	0403.303	0403.304	0403.305	0403.306
M-Th	4:45-5:15pm		0404.302	0404.303	0404.304	0404.305	0404.306
M-Th	5:45-6:15pm		0405.302	0405.303	0405.304	0405.305	0405.306

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	5:45-6:15pm	0406.307	0406.308



Aquatics 2008

Swimming Lessons:

\$ 54 Resident, \$ 68 Non-resident (Mon.-Thurs. Lessons- 8 Lessons)

\$ 33 Resident, \$41 Non-resident (Sat. Lessons - 4 Lessons)

***\$47 Resident, \$ 59 Non-resident (Session 7)**

LESSONS FOR AGES 4 & UP

LEVEL 5: STROKE REFINEMENT

Prerequisite: Level 4 certificate. Students refine and gain endurance for key strokes and are introduced to butterfly and open turns. This course is taught in the lanes with a length of 25 yards. Ages 4 - over. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	10:15-10:45am		0501.302	0501.303	0501.304	0501.305	0501.306
M-Th	11:45am-12:15pm		0502.302	0502.303	0502.304	0502.305	0502.306
M-Th	3:45-4:15pm		0503.302	0503.303	0503.304	0503.305	0503.306
M-Th	5:15-5:45pm		0504.301	0504.302	0504.303	0504.304	0504.305

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	5:15-5:45pm	0504.307	0504.308

LEVEL 6: SWIMMING & SKILL PROFICIENCY

Prerequisite: Level 5 certificate and all strokes are refined. Students will polish strokes to swim with more ease, efficiency, power, and smoothness over greater distances. Introduces additional turns (flip turns and backstroke turns). Ages 4 - over. No class 9/1.

Days	Times	Session 1 6/2-6/12	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	10:15-10:45am		0601.302	0601.303	0601.304	0601.305	0601.306
M-Th	11:15-11:45am		0602.302	0602.303	0602.304	0602.305	0602.306
M-Th	6:15-6:45pm		0603.301	0603.302	0603.303	0603.304	0603.305

Days	Times	Session 7* 8/25-9/4	Session 8 9/8-9/18
M-Th	6:15-6:45pm	0603.307	0603.308



ADULT SWIM LESSONS

This course is designed for teens and adults who have never taken swimming lessons before, or who have a fear or apprehension of water. Ages 12-over.

4 classes, 1 hour each

Days	Times	Session 1 6/16-6/19	Session 2 6/23-6/26	Session 3 7/14-7/17	Session 4 7/21-7/24	Session 5 7/28-7/31
M-Th	8-9pm	0801.301	0801.302	0801.303	0801.304	0801.305

8 classes, 1/2 hour each

Days	Times	Session 2 6/16-6/26	Session 3 6/30-7/10	Session 4 7/14-7/24	Session 5 7/28-8/7	Session 6 8/11-8/21
M-Th	5:45-6:15pm	0802.302	0802.303	0802.304	0802.305	0802.306

Days	Times	Session 1 6/14-7/5	Session 2 7/12-8/2
Sat	10:00-10:30am	0803.301	0803.302
Sat	11:00-11:30am	0804.301	0804.302

Aquatics 2008

PRIVATE LESSONS AGES 3-OVER

Private Lessons - 4 half-hour lessons: \$125 Resident, \$140 Non-resident (Maximum of 1 student to 1 teacher)
This class offers participants who are beginning to swim, or wanting to improve their skills a chance to work one-on-one with an instructor for four consecutive classes. Private lessons can be the appropriate setting to assist you or your child in water confidence or skill refinement. Each session consists of four one half hour lessons. Ages 3-over.

Days	Times	Private 1 6/2-6/5	Private 2 6/9-6/12	Private 3 6/16-6/19	Private 4 6/23-6/26	Private 5 6/30-7/3	Private 6 7/7-7/10
M-Th	9:15-9:45am			1001.303	1001.304	1001.305	1001.306
M-Th	9:45-10:15am			1002.303	1002.304	1002.305	1002.306
M-Th	11:15-11:45am			1003.303	1003.304	1003.305	1003.306
M-Th	3:45-4:15pm			1004.303	1004.304	1004.305	1004.306
M-Th	4:15-4:45pm			1005.303	1005.304	1005.305	1005.306
M-Th	5:15-5:45pm	1006.301	1006.302	1006.303	1006.304	1006.305	1006.306
M-Th	5:45-6:15pm	1007.301	1007.302	1007.303	1007.304	1007.305	1007.306

Days	Times	Private 7 7/14-7/17	Private 8 7/21-7/24	Private 9 7/28-7/31	Private 10 8/4-8/7	Private 11 8/11-8/14
M-Th	9:15-9:45am	1001.307	1001.308	1001.309	1001.310	1001.311
M-Th	9:45-10:15am	1002.307	1002.308	1002.309	1002.310	1002.311
M-Th	11:15-11:45am	1003.307	1003.308	1003.309	1003.310	1003.311
M-Th	3:45-4:15pm	1004.307	1004.308	1004.309	1004.310	1004.311
M-Th	4:15-4:45pm	1005.307	1005.308	1005.309	1005.310	1005.311
M-Th	5:15-5:45pm	1006.307	1006.308	1006.309	1006.310	1006.311
M-Th	5:45-6:15pm	1007.307	1007.308	1007.309	1007.310	1007.311

Days	Times	Session 1 6/14-7/5	Session 2 7/12-8/2
Sat	9:00-9:30am	1003.301	1003.302
Sat	9:30-10:00am	1004.301	1004.302
Sat	10:00-10:30 am	1005.301	1005.302
Sat	10:30-11:00am	1008.301	1008.302

WATER SAFETY AID

Ready to learn the skills needed to get a good paying job when you turn 15? Become a Water Safety Aid (WSA) and gain valuable volunteer experience and job skills. WSA's are volunteers who want to work with children and learn how to teach swimming lessons. Participants assist with swimming lessons after committing to a schedule for the summer.

PREREQUISITES: Completion of American Red Cross Level 4. Minimum age is 13 years old.

TO APPLY: Complete a Volunteer Application. Applications may be obtained and returned to the Parks and Recreation Services Department. For more information call 616-7184.



TENNIS & SWIM CAMP

Does your child love swimming and tennis? If so sign up for our Tennis and Swim Camp held at San Bruno City Park. Participants will have a tennis lesson from certified instructors from 10:00am-11:30pm. Recreation staff will pick up participants at 12pm to enjoy lunch and play games in the park. At 1pm, participants will head over to the San Bruno Park Pool where they will enjoy swimming, water games and be supervised by our lifeguards. Camp will end everyday at 4pm. Cost includes tennis lesson, entrance to recreation swim and supervision. Participants should bring a bag lunch, bathing suit, sunscreen and a towel everyday. Ages 8-12.

Cost: \$131 Resident \$146 Non-resident

Location: San Bruno City Park (Tennis Courts and Swimming Pool)

Instructor: Whitlinger Tennis Staff and San Bruno Park Pool Staff

Day/Time: Mon.-Fri. 10am-4pm

3657.301 M-F 8/11-8/15

SUMMER CAMPS

YOUTH BASEBALL CAMP (4 CLASSES)

Join Tim Bowler and his staff for a fun week of Baseball Camp. Boys and girls are welcome in this camp that teaches the fundamentals in batting, pitching, catching, sliding, throwing, and fielding. Tim is a former Capuchino High School player and has coached our local Joe DiMaggio team, and at Canada College. Players must bring their own baseball glove, and wear cleats or athletic shoes. Ages 5-11.

Cost: \$130 Resident, \$145 Non-resident
Location: San Bruno City Park, Diamond 2
Instructor: Tim Bowler & Staff
Day/Time: Mon.-Thurs., 9:30-12noon
3609.301 M-Th 7/7-7/10

UK SOCCER CAMP (5 CLASSES)

The week long camp is fun and recreational in nature and emphasizes basic fundamental soccer skills for players 4-16 years old, progressing up to a more challenging approach on skills and techniques for the older players. Each day includes individual footskills, small sided games, coached scrimmages and a daily tournament. There is an awards ceremony at the end of the camp week for family members to come down and watch the players receive their awards as well as the important World Cup Finals! Camp Fee includes: A UK International Soccer camp T-Shirt, player of the week awards, World Cup prizes and an individual evaluation certificate. Full Day Campers receive a free UK Soccer ball. For more online and registration information go to www.uksoccca.com. All players must have shin guards and cleats to participate. Ages 4-16 half day, Ages 8-16 full day. For questions, call 888-857-6222.

Cost: \$99 Resident, \$114 Non-resident (half day),
\$149 Resident, \$164 Non-resident (full day)
Location: Crestmoor High School Soccer Fields
Instructor: UK Soccer Camp Staff
Day/Time: Mon.-Fri., see below
3658.301 M-F 8/18-8/22 (9am-12pm)
3658.302 M-F 8/18-8/22 (9am-3pm)

BASIC ENGINEERING & CONSTRUCTION (6 CLASSES)

New!

Are you ready to have an AWESOME time? AWESOMEngineering's Basic Engineering and Construction program is designed to teach children fundamental engineering and construction concepts using Erector® educational toys. Each student will learn the engineering concepts and build things they encounter everyday; including bridges, cars, skyscrapers, rollercoasters and more! Some of the concepts covered include: Torque vs. Speed, Belt and Pulley Systems, Gravity, Friction, and Truss Systems. In class, students are provided with everything they need to build each project, which includes a tool belt, tools and project pieces. This hands-on class will allow students to work together to solve problems while building projects. Visit www.awesomengineering.org for more information and to see photos of the projects students will build. Ages 8-13.

Cost: \$184 Resident, \$199 Non-resident
Location: Recreation Center Conference Room 2
Instructor: Charlie Tannous, Awesome Engineering
Day/Time: see below

3209.301	M-F	7/7-7/11	9am-12noon
3209.302	M-F	7/7-7/11	1-4pm
3209.303	M-F	8/4-8/8	9am-12noon
3209.304	M-F	8/4-8/8	1-4pm

SUMMER SLAM

Once again, the San Bruno Parks and Recreation Services Department will be offering the very popular "Summer Slam" Basketball Program for youngsters and teens. Top players from all over the area come to play in this program under the direction of Coordinator Chuck Rapp. Play is divided into four divisions:

Division 1 is designed for players with or without previous basketball experience, while Divisions 2, 3 and 4 are designed for male players with previous competitive experience. Participants will be placed on teams and a schedule will be provided after the initial session. After the teams are established, no practices will be held. All games are full-court and officiated by referees. Awards will be given to league champions and each participant will be given a souvenir "Summer Slam" shirt. All-league teams will be selected in each division. For further information call Chuck Rapp at (650) 872-2332.

Division 1: players entering 4th and 5th grades
Division 2: players entering 6th and 7th grades
Division 3: players entering 8th and 9th grades
Division 4: players entering 10th - 12th grades

Cost: \$73 Resident, \$88 Non-Resident
Location: Recreation Center - Gym
Instructor: Chuck Rapp
Days/Times: See Below

3412.301	Division I	Tues	7-9pm	6/3-7/22
3412.302	Division II	Sun	4-7pm	6/1-7/20
3412.303	Division III	Sun	7-10pm	6/1-7/20
3412.304	Division IV	Sun	1-4pm	6/1-7/20

SUMMER CAMPS

New!

SPECIAL SUMMER ART CAMP FOR CHILDREN (5 CLASSES)

Let your children be creative this summer in this special one week long art camp. Activities will include drawing and painting outdoors – a unique opportunity for your children to study the way plant life really looks and how to transpose this information onto paper. Children will also learn why landscape art master paintings work by looking at pictures and through discussion. Students will do other fun craft related projects such as torn paper mosaics. As always, Charna evaluates each child's skill level and pays personal attention to the children to maximize their experience. Ages 7-14.

Cost: \$79 Resident, \$94 Non-resident
Lab Fee: \$20 payable to instructor at first class
Location: Recreation Center Ceramics Studio
Instructor: Charna Conway
Day/Time: Mon.-Fri., 1-4pm
3656.301 M-F 7/28-8/1

New!

CHEERLEADING CAMP! (1 DAY WORKSHOP OR 5 CLASSES)

This summer you have the opportunity to give your son or daughter a chance to try the fastest growing sport in America - CHEERLEADING! The kids will learn cheers, a dance, gymnastics and basic stunts. No experience is required. Whether you are new to cheerleading or have cheered before, this class will prepare you for Pop Warner, school or all star cheerleading programs. The class will be taught by Stacy Morell - Capuchino H.S. Cheer Coach and Rebels Elite Hip Hop Program Director - with assistance from selected high school cheerleaders and dancers. The August Camp will conclude with a performance, certificates, and awards just like a real cheerleading camp! What to Bring - Cheerleaders should bring a bag lunch, sunscreen, and water. Ages 7-14.

Cost: \$93 Resident, \$108 Non-resident (One Week Camp), \$25 Resident, \$31 Non-resident (One Day Workshop)
Location: Recreation Center Meeting Room
Instructor: Stacy Morell, Capuchino High School Head Cheer Coach
Day/Time: See below
3655.301 Sat 6/21 10am-3pm
3655.302 M-F 8/4-8/8 10am-3pm
Camp Show 8/8 2:30pm

New!

BADMINTON SUMMER CAMP (5 CLASSES)

This class offers a fun and instruction-packed week designed to keep badminton players of all levels of experience from 5-16 years old, active during their summer vacation. Players will be divided by age and ability. Coaches will assign drills and instructions in both singles and doubles play with advanced players playing a round robin match play format. To enhance badminton skills of less experienced players, all players will learn or review scoring rules, foot work, strokes and essential fundamentals. Participants should bring a racquet, lunch and a drink. Each participant will receive a camp t-shirt.

Cost: \$84 Resident, \$99 Non-resident
Location: Bay Badminton Center, 1611 Adrian Rd. Burl.
Instructor: Radu Milevschi
Day/Time: Mon. thru Fri., 10am-1pm
3719.301 M-F 6/16-6/20
3719.302 M-F 6/23-6/27
3719.303 M-F 6/30-7/4
3719.304 M-F 7/7-7/11
3719.305 M-F 7/14-7/18
3719.306 M-F 7/21-7/25
3719.307 M-F 7/28-8/1
3719.308 M-F 8/4-8/8
3719.309 M-F 8/11-8/15

Leaders in Training (L.I.T.)

Leaders in Training are young people who would like to gain experience leading children in activities such as sports and games, arts and crafts, field trips and more. L.I.T.'s will work closely with day camp leaders to learn the skills of working with children, leading activities and problem solving. L.I.T.'s must be at least 13 years of age and exhibit maturity to work with children in a leadership role.

Pre-requisite: Potential L.I.T.'s must complete volunteer application and interview for the position. Applications can be obtained and turned in at the War Memorial Recreation Center in San Bruno City Park. For more information, contact Danielle, Recreation Services Manager, at 650-616-7182. No camp 7/4.

Cost: \$35 per session

Code:
Session 1 4602.301 6/16-6/20
Session 2 4602.302 6/23-6/27
Session 3 4602.303 6/30-7/3
Session 4 4602.304 7/7-7/11
Session 5 4602.305 7/14-7/18
Session 6 4602.306 7/21-7/25
Session 7 4602.307 7/28-8/1
Session 8 4602.308 8/4-8/8
Session 9 4602.309 8/11-8/15
Session 10 4602.310 8/18-8/22

SUMMER CAMPS

New!

LET'S GET GROWING (5 CLASSES)

Blossoming minds will love this week! Specially designed for the inquisitive pre-K or kindergartener, this camp teaches all about the amazing things that happen in the garden. Explore how things start to grow in the ground, learn that plants, fruits, and vegetables start from seeds, and what seeds need to grow and where they get those things as we study weather. Discover the role that bugs and butterflies play in making your garden grow. Ages 4-6.

Cost: \$169 Resident, \$184 Non-resident
Instructor: Mad Science Camp Instructors
Location: Millbrae Recreation Center
Day/Time: Mon.-Fri., 9am-12pm
2620.301 M-F 7/7-7/11

New!

ROCKIN' ROCKETS AND AERODYNAMICS (5 CLASSES)

It's a bird! It's a plane! No, it's...everything from the earliest flying machines to the first rocket flights. This hands-on program will let you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride a hovercraft and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home a rocket that you have built yourself. Ages 5-12.

Cost: \$224 Resident, \$239 Non-resident
Instructor: Mad Science Camp Instructors
Location: Millbrae Recreation Center
Day/Time: Mon.-Fri., 9am-3pm
3620.302 M-F 7/28-8/1

SUMMER PLAYGROUND PROGRAM

Summer fun begins with a FREE drop-in playground program at the Belle Air Firehouse. Kids will enjoy supervised activities on site including arts and crafts, sports, special events and game playing. All participants must have a Health Information Form on file at the site to participate. Form is on page 41 of this brochure. Please have your child bring it on the first day of the program. (No program 7/4.) Open to children ages 6-11 years.

Cost: Free
Instructor: Recreation Staff
Location: Belle Air Firehouse @ Lion's Field
Days/Time: Mon.-Fri., 1:00-4:00pm
Dates: 6/23-7/25

New!

NASA: JOURNEY INTO OUTER SPACE (5 CLASSES)

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work in a real rocket launch. Explore the atmosphere on earth and beyond. Watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system and create a lunar eclipse in this "mad" planetary tour. Probe the mysteries of meteors and bounce around satellite light as you learn about space phenomena. Experience the life of an astronaut as you suit up for space flight. This is an experience that is truly out of this world! Ages 5-12.

Cost: \$169 Resident, \$184 Non-resident
Instructor: Mad Science Camp Instructors
Location: Millbrae Recreation Center
Day/Time: Mon.-Fri., 1-4pm
3620.301 M-F 7/7-7/11

New!

CHEMISTRY DETECTIVES (5 CLASSES)

Take a walk on the wild side in this crazy week of sleuth science. Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk, and a chromatography t-shirt, to keep. Mix it up as we experiment with molecular madness, radical "fizz"-ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories. Then use everything you've learned to solve the Mad Science Mystery; even Sherlock couldn't figure this one out! Ages 5-12.

Cost: \$224 Resident, \$239 Non-resident
Instructor: Mad Science Camp Instructors
Location: Millbrae Recreation Center
Day/Time: Mon.-Fri., 9am-3pm
3620.303 M-F 8/18-8/22

INTERMEDIATE VOLLEYBALL CLINIC (4 CLASSES)

Get ready for your fall volleyball tryout! This class will emphasize improving individual skills through drills and game play. Ages 11-14.

Cost: \$56 Resident, \$70 Non-resident
Location: Recreation Center Gymnasium
Instructor: Lynn Niemera
Day/Time: Tues.-Fri., 5-7pm
3612.302 T-F 7/8-7/11

PRESCHOOL & CHILD ENRICHMENT

New!

Lango Spanish for Preschoolers (10 Classes)

Fun and play form the foundation for our Preschool Spanish classes. Within two or three classes, kids ages 3-5 learn key phrases in their new language through simple, repeated songs and chants. Meanwhile, they will become familiar with more complex aspects of the language by engaging in 'adventures,' art projects and movement-based games that require them to solve simple problems - in their new language, of course! Preschoolers' Spanish is great for kids who are enrolled in preschool, but have not yet started kindergarten. Ages: 3-5.

Cost: \$169 Resident, \$184 Non-resident (1 day), \$269 Resident, \$284 Non-resident (2 days)

Location: Chetcuti Room, Millbrae

Instructor: Lango Instructors

Day/Time: Mon. and/or Wed., 12:30-1:15pm

2210.301 M or W 6/9-8/13

2210.302 M & W 6/9-8/13

New!

Lango Spanish for Early Elementary (9 Classes)

A strong cultural emphasis grounds our early elementary language lessons in the customs and traditions of Spanish-speaking people, while a simple literacy component ensures that these students not only listen, speak, sing and play in Spanish, but read and write as well. Our curriculum takes students (ages 5-9) on imaginary journeys where they work on fun problem solving adventures built around cultural themes. Ages 5-9.

Cost: \$152 Resident, \$167 Non-resident (1 day), \$242 Resident, \$257 Non-resident (2 days)

Location: Chetcuti Room, Millbrae

Instructor: Lango Instructors

Day/Time: Mon. and/or Wed., 2-2:45pm

3210.301 M or W 6/16-8/13

3210.302 M & W 6/16-8/13

New!

Lango Spanish for Parent and Tot (10 Classes)

Children in this class don't sit still for long! Accompanied by parents or caregivers, these young 'students' (ages 1½ to 3 years) start learning a new language through a variety of activities designed to engage their minds and bodies. Music and movement form the foundation for the classes, as the children sing simple rhythmic songs, dance, run, spin and jump around the room! Meanwhile, our teachers work with the accompanying adults, teaching them age-appropriate games and activities so that they can reinforce learning at home. These 'playclasses' are great for parents and caregivers who want to learn Spanish alongside their children! Ages 18 months-3.

Cost: \$169 Resident, \$184 Non-resident (1 day), \$269 Resident, \$284 Non-resident (2 days)

Location: Chetcuti Room, Millbrae

Instructor: Lango Instructors

Day/Time: Mon. and/or Wed., 11:30-12:15pm

2210.303 M or W 6/9-8/13

2210.304 M & W 6/9-8/13

My First Art Class (4 Classes)

Come experience 5 art stations where making a mess is part of the process! You have fun; we clean up! Art projects continue to change all year long! Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Parental participation is required. A lab fee of \$10.00 is payable to the instructor on the first day of class. Ages 18 months-5.

Cost: \$45 Resident, \$56 Non-resident
Lab Fee: \$10 payable to instructor
Location: Millbrae Community Center
Instructor: Chris Pollard/Renee Ramsey
Day/Time: Thurs.,
9:30-10:30am (18 months-3),
10:45-11:45am (2-5 years)

18 Months-3 Years

2001.301 Th 6/26-7/17

2001.303 Th 8/7-8/28

2-5 Years

2001.302 Th 6/26-7/17

2001.304 Th 8/7-8/28

Terrific Tiny Tennis (6 Classes)

Children play FUN activities and games that enhance hand-eye coordination, locomotor skills, and knowledge of general tennis concepts, in this 6-week session. Lessons also provide a success-oriented social environment that may encourage children to continue in the lifetime sport of tennis. Small group lessons for 3-6 students. Bring a racquet. In case of rain, check with the instructor at the court. NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion. No class 7/5. Ages 5-8.

Cost: \$68 Resident, \$83 Non-resident

Location: San Bruno City Park Tennis Courts

Instructor: Whitlinger Tennis Staff

Day/Time: See Below

2402.301 Sat 6/21-8/2 1:30-2:15pm

2402.302 Sat 6/21-8/2 2:15-3pm

PRESCHOOL & CHILD ENRICHMENT

Children's Crafts Class (6 Classes)

This course will include an introduction to the arts. Students will have a chance to create different projects - a ceramic piece, painting, and other design works. Children will have fun making their own artwork. Ages 6-15.

Cost: \$44 Resident, \$55 Non-resident (includes \$7 lab fee)

Location: Recreation Center, Ceramics Studio

Instructor: Marilyn Bennett

Day/Time: Tues., 4-5:15pm

2000.301 T 6/17-7/22

Cartoon Workshop (1 Class)

Learn to draw all your favorite cartoons from Buzz Lightyear, the Incredibles, to the characters in Ratatouille and Walle! Matthew Luhn, Pixar Animator and cartoonist on Toy Story, Toy Story 2, Monsters Inc, Finding Nemo, and Cars will be teaching this one day cartoon workshop. Matthew's encouraging approach allows all students to have fun drawing cartoons and teaches them to be able to continue their talent after the class is completed. Ages 7-15.

Cost: \$55 Resident, \$69 Non-resident

Location: Recreation Center Conference Room 2

Instructor: Matthew Luhn, Pixar Animator

Day/Time: Sat., 1-4pm

3000.301 Sat 8/9

Child and Parent Glass Class (2 Classes)

Give your child the gift of art. You and your child will make beautiful glass sun catchers that you will want to keep forever in this special two-part class. Your child can make a precious sun catcher for a special teacher or friend this year. This is a fun, safe and fascinating class for one and all. Children ages 5-17.

Cost: \$60 Resident, \$75 Non-resident (1 parent/1 child)

\$20 Resident, \$25 Non-resident (for additional child)

Lab Fee: \$25 payable to instructor, for both parent & child. \$12.50 lab fee for additional child

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Mon., 5-7pm

3015.303 M 8/11-8/18

3015.304 (additional child)

Parent & Child Mosaic for Beginners & Intermediates (3 Classes)

Adults of all skill levels and children that have taken Charna's Mosaic classes are welcome to attend. In this special mosaic class, students will use glass to transform a wood box, mirror, picture frame or you may work on a special project approved by the instructor. Beginners and advanced students are welcome. The student's design will be based on their skill level. Students will learn to cut and shape glass as well as all of the other skills that are required for mosaic. Come and experience this fabulous art form taught by professional artist Charna Conway. All specialty glass, tools and project materials will be provided. Visit Charna's website at www.eyehighart.com for a view of some of her beautiful mosaics and other art. Ages 5-over.

Cost: \$60 Resident, \$75 Non-resident
Drop In: \$20 Resident, \$25 Non-resident
Lab Fee: \$25 payable to instructor, includes glass and firing.

Drop In Lab Fee: \$10 payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Sat., 10-11:45am

5015.310 Sat 7/19-8/2

Children's Special Decoupage Project (4 Classes)

In this special decoupage class, children of all ages will transform a beautiful wood box or other object into their own special treasure. In this new class, the children will get to use all kinds of media using decoupage to transform a simple object into a beautiful masterpiece they will be proud of. Charna always gives individual attention to each and every student. The child's design will be based on their skill level. All genuine materials will be used for this special project. The use of planning a decoupage project is known to be beneficial to a child's mental and creative development. This experience will also boost the confidence of any child. A priceless gift for any child. Ages 5-14.

Cost: \$45 Resident, \$56 Non-resident

Lab Fee: \$11 payable to instructor

Instructor: Charna Conway

Location: Recreation Center Ceramics Room

Day/Time: Wed., 1-2:45pm

3015.301 W 8/6-8/27

Creative Expression Through Abstract Art (4 Classes)

In this special four-session class, children of all ages will learn about abstract art. They will have a UNIQUE creative experience painting their own abstract masterpiece. Instructor Charna Conway's unique teaching techniques will enable students to see what abstract masters have done and apply it to their own creation. ARTIST QUALITY ACRYLIC PAINT will be used for this project to allow students to add texture and depth to their paintings. This creativity and skill will boost the confidence in your child while they have fun expressing themselves and create beautiful art while doing so. A priceless gift for any child. Ages 5-14.

Cost: \$42 Resident, \$52 Non-resident

Lab Fee: \$13 payable to instructor

Instructor: Charna Conway

Location: Recreation Center Ceramics Room

Day/Time: Tues., 10-11:45am

3015.302 T 7/8-7/29

PRESCHOOL & CHILD ENRICHMENT

Pre School Open Gym

This is a non-instructional, supervised play work-out for children 1-5 years of age. Participants register at the door for \$5. Parents, guardians, or daycare providers must stay and participate with their children. Toddlers under 12 months are not charged and may attend with paying brother/sister/daycare groups. Activities and equipment include: hula hoops, balls, jump ropes, mats & wedges, hippity hops and more! No open gym 5/26 & 9/1.

When: Mondays (ongoing)

Time: 11am-12:30pm

Where: San Bruno Recreation Center Gym

Instructor: Janet Monaghan

Cost: \$5 per participant, 1-5 years old, or you can purchase a gym pass for \$46 for 11 uses

For more information,
contact Dee
at 616-7183.

Story Time Dance/Acting (6 Classes)

In this class, students will use their imagination while playing, dancing and acting games! A story will be told each week and students will act it out. Props provided! Class will also work on student's listening and socialization skills. Students will perform for friends and family on the last day of class. Ages 3-6.

Cost: \$60 Residents, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company
Day/Time: Fri., 3:15-4pm
3108.301 F 7/11-8/15

Parent and Me Dance & Fitness (6 Classes)

Come dance, jump, sing, wiggle...and bring your parents too! In this hands on parent participation class you will help your child work on their fine and gross motor skills, coordination and socialization. Dancing games, bean bags, and musical instruments are just a few activities that await you. Ages 1^{1/2}-3^{1/2}.

Cost: \$60 Residents, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company
Day/Time: Fri., 2-2:45pm
2111.301 F 7/11-8/15

Beginning Hip Hop (8 Classes)

In this high energy dance class students will learn basic hip hop steps and routines to their favorite age appropriate songs! Class will also focus on rhythm and coordination skills. Students will perform for friends and family on the last day of class! Ages 6-11 or 12-17.

Cost: \$80 Residents, \$95 Non-resident
Location: Recreation Center Meeting Room

Instructor: Pacific Dance Company
Day/Time: Wed., 4:30-5:30pm (6-11),
Wed., 5:30-6:30pm (12-17)
3104.301 W 6/25-8/13 (6-11)
4104.301 W 6/25-8/13 (12-17)

Mighty Mite Gymnastics (6 Classes)

This course offers an introduction to basic gymnastics skills and techniques. Classes focus on developing your child's strength, flexibility, coordination, and self-confidence through beginning tumbling and balancing skills. Children will participate in activities that encourage personal growth and physical fitness. Ages 5-7.

Cost: \$79 Resident, \$94 Non-resident

Location: Millbrae Recreation Center

Instructor: Laurie

Days/Time: Mon., 11-11:45am

3418.301 M 6/2-7/7

3418.302 M 7/21-8/25

Topsy Turvy Tumbling (6 Classes)

Do you have a topsy turvy tumbling toddler? Then sign them up for topsy turvy tumbling! Students will learn basic tumbling moves as well as working on their balance, coordination and listening skills. Students will perform for friends and family on the last day of class! Ages 3-5.

Cost: \$60 Resident, \$75 Non-resident

Instructor: Pacific Dance Company
Location: Recreation Center Meeting Room

Day/Time: Mon., 10-10:45am

2100.301 M 7/7-8/11

Tiny Tot Gymnastics (6 Classes)

Your toddler/preschooler will build his/her motor skills while having fun! This course offers beginning gymnastics skills to develop strength, flexibility, coordination and self-confidence. Children will participate in activities that encourage personal growth and body awareness. Ages: 3-5.

Cost: \$79 Resident, \$94 Non-resident

Location: Millbrae Recreation Center

Instructor: Laurie

Days/Time: Mon., 10-10:45am

2418.301 M 6/2-7/7

2418.302 M 7/21-8/25

Tap/ Creative Movement Combo (6 Classes)

In this class, students will learn fun tap routines and techniques, dance with beanbags, scarves and animal masks! Class will also focus on balance, rhythm and coordination skills. Students will perform for friends and family on the last day of class! Ages 2-7.

Cost: \$60 Resident, \$75 Non-resident

Instructor: Pacific Dance Company
Location: Recreation Center Meeting Room

Day/Time: Mon., 1-1:45pm (2-3), Fri.,
1-1:45pm (3-4), Fri., 4-4:45pm (5-7)

2101.301 M 7/7-8/11 (2-3)

3101.301 F 7/11-8/15 (3-4)

3101.302 F 7/11-8/15 (5-7)

PRESCHOOL & CHILD ENRICHMENT

Pre-Ballet First Class Ages 2-3 (6 Classes)

Moms, dads and Nannies are encouraged to participate with the children in this fun introduction to dance. This is a playful class that improves motor skills and teaches children to follow the instructor. Children enjoy performing finger plays, dancing to nursery rhymes and moving with balls or scarves to a variety of music. Please wear comfortable clothing that is easy to dance in. For questions about the class call the instructor: Matrisha at 415-647-2918. Ages 2-3.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Tues., 9:45-10:30am
2103.301 T 6/17-7/22

Pre-Ballet Ages 3-4 (6 Classes)

For children who want to try a ballet class, this is a fun introduction. Dancers learn basic ballet with an emphasis on creative expression. They use their imagination as they plie like fairies, tendue like chickens and jete like deer. Activities include stretching exercises, learning simple dances, free dancing with scarves and games that teach social skills. Dancers should wear simple leotards with tights and ballet slippers. For questions about the class call the instructor: Matrisha at 415-647-2918. Ages 3-4.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Tues., 10:45-11:30am
2103.302 T 6/17-7/22

Pre-Ballet Ages 4-5 (6 Classes)

Children have fun as they stretch, leap and dance to classical music. This class introduces young dancers to the ballet barre and to basic ballet concepts. They learn basic ballet foot and arm positions and simple choreography. At the end of each class children have an opportunity for creative expression as they dance freely with scarves. Dancers should wear simple leotards with tights and ballet slippers. For questions about the class call the instructor: Matrisha at 415-647-2918. Ages 4-5.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Tues., 2:30-3:15pm
2103.303 T 6/17-7/22

Primary Ballet Ages 5-6 (6 Classes)

For children who love the fantasy of ballet. This class focuses on learning classical ballet technique in an imaginative and supportive atmosphere. Each class includes exercises at the barre, learning primary classical positions, steps, turns and movement combinations. There is also time devoted to creative movement to encourage expression. Dancers should wear simple leotards, tights and ballet slippers. For questions about the class call the instructor: Matrisha at 415-647-2918. Ages 5-6.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Tues., 3:30-4:30pm
2103.304 T 6/17-7/22

Primary Ballet Ages 6-8 (6 Classes)

Dancers will learn ballet technique in a supportive atmosphere. Each class will incorporate barre and center exercises, steps, turns and movement combinations across the floor, stretching and free dancing. Dancers should wear simple leotards and tights with ballet slippers. For questions about the class call the instructor: Matrisha at 415-647-2918. Ages 6-8.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Mon., 4:45-5:45pm
2103.305 M 6/16-7/21

Junior Jazz Ages 6-8 (6 Classes)

This is a fun introduction to jazz and contemporary dance. Children learn to move to the beat of contemporary music. The class will include warming up, stretching, practicing steps across the floor and learning a jazz routine. The dancers will move freely to different styles of music, such as rock & roll, hip hop, the music of Broadway and Latin jazz. They will be encouraged to dance with vitality and expression. Children should wear leotards or stretch pants with jazz style shoes or ballet slippers. For questions about the class call the instructor: Matrisha at 415-647-2918.

Cost: \$60 Resident, \$75 Non-resident
Location: Recreation Center Meeting Room

Instructor: Matrisha Person
Day/Time: Mon., 3:30-4:30pm
2103.306 M 6/16-7/21

YOUTH SPORTS

Aikido for Youth (8 Classes)

In addition to being excellent physical exercise and effective self-defense, Aikido teaches smooth, balanced and relaxed movement. Aikido means "way of harmony" and is a philosophy integrating physical, spiritual and cultural values. Class is taught in a formal setting with the discipline and etiquette that reflect traditional Japanese Martial Arts. Email aikidodori@yahoo.com for information. Ages 7-14.

Cost: \$47 Resident, \$59 Non-resident
Location: Tanforan Professional Center
Instructor: Robert Toyama
Day/Time: Tues. & Thurs., 6-6:45pm
3407.301 T & Th 6/17-7/10

Parent & Child Belay Lesson (1 Class)

This class will teach parents the safety skills needed for their child to climb at Planet Granite. Kids day pass and equipment rentals are included. Registration is for one adult and one child. Parent must attend class with minor in order to sign release paperwork. The class is held at Planet Granite, 100 El Camino Real, Belmont, (650)591-3030. Ages 5 and over.

Cost: \$40 Resident, \$50 Non-resident
Instructor: Planet Granite Staff
Location: Planet Granite, 100 El Camino Real, Belmont
Day/Time: Sat., 9:45-11am
3615.303 Sat 8/9

Kidz Love Soccer Mommy/Daddy & Me Soccer (9 Classes)

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. No class 7/4. Ages 2^{1/2}-3^{1/2}.

Cost: \$78 Resident, \$93 Non-resident
Location: Grundy Park
Instructor: Kidz Love Soccer Staff
Day/Time: Fri., 9:30-10am
2419.301 F 6/20-8/15

Indoor Rock Climbing (5 Classes)

Like fish to water! Parents know what natural climbers kids are, so we offer an exciting 5-session program to introduce them to this great sport. Classes are designed so participants climb with children their own age. Maximum of 5 children per 1 instructor. Planet Granite T-shirt included. Parent must attend first class with child to sign release paperwork. Class is held at Planet Granite, 100 El Camino Real, Belmont. (650) 591-3030. Ages 5-13

Cost: \$156 Resident, \$171 Non-resident
Instructor: Planet Granite Staff
Location: Planet Granite, 100 El Camino Real, Belmont
Day/Time: Mon.-Fri., 10am-12pm (5-8) Wed., 10am-12pm (9-13)
Ages 5-8
3615.301 M-F 8/4-8/8
Ages 9-13
3615.302 M-F 8/4-8/8

Kidz Love Soccer - Tot-Soccer (9 Classes)

Encourages large motor skill development through fun soccer games and introduces small children to a group setting. Little tykes will enjoy running and kicking just like the big kids! **Shin guards are required after the first meeting.** No class 7/4. Ages 3^{1/2}-4.

Cost: \$78 Resident, \$93 Non-resident
Location: Grundy Park
Instructor: Kidz Love Soccer Staff
Day/Time: Fri., See below
2419.302 F 6/20-8/15 10:15-10:45am
2419.303 F 6/20-8/15 2:40-3:10pm

Kidz Love Soccer - Pre-Soccer (9 Classes)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. **Shin guards are required after the first meeting.** No class 7/4. Ages 4-5.

Cost: \$78 Resident, \$93 Non-resident
Location: Grundy Park
Instructor: Kidz Love Soccer Staff
Day/Time: Fri., See below
2419.304 F 6/20-8/15 10:45-11:20am
2419.305 F 6/20-8/15 3:10-3:45pm

YOUTH SPORTS

Kidz Love Soccer - Soccer 1

(9 Classes)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun "skill" games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. **Shin guards are required after the first meeting.** No class 7/4. Ages 5-6.

Cost: \$78 Resident, \$93 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 3:45-4:30pm

3419.301 F 6/20-8/15

Kidz Love Soccer

Soccer 2 & Soccer 3 (9 Classes)

Play the exciting game of Soccer! Explore the real sport, while still in an instructional and nurturing environment. Be challenged by real soccer situations, venture into the fun tactical side of scrimmaging. Players 7-12 years old will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS Youth Specialist. Attacking and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued individual skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer... where the score is always FUN to FUN! **Shin guards are required after the first meeting.** No class 7/4. Ages 7-12.

Cost: \$78 Resident, \$93 Non-resident

Location: Grundy Park

Instructor: Kidz Love Soccer Staff

Day/Time: Fri., 4:30-5:15pm (Soccer 2), Fri., 4:30-5:30pm (Soccer 3)

3419.302 F 6/20-8/15 (Ages 7-8, 4:30-5:15pm)

3419.303 F 6/20-8/15 (Ages 9-12, 4:30-5:30pm)

New!

Individual Soccer Training

(10 Classes)

This class will focus on building soccer skills and strengthening all areas of each player's game. Intense training is involved. Classes will alternate between technical sessions and fitness sessions. The class will be structured to help each individual reach their personal goal. The class can also be structured for beginners who want to play recreationally. All ages welcome.

Cost: \$83 Resident, \$98 Non-resident

Instructor: Phillip Harr

Location: Grundy Park

Day/Time: Arrange with Instructor once registration is received

3424.301 6/08-08/08

Parent and Child Intro to Ice Skating

(6 Classes)

This is a fun experience for one parent and one child to learn to ice skate together. Classes will be geared to the child's level. Children must be between the ages of 3 & 4. Cost includes one parent and one child, skate rental, one-half hour lesson and practice time immediately following the lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Ages 3-4 years old plus parent.

Cost: \$58 Resident, \$73 Non-resident

Location: Ice Center at San Mateo

Instructor: Ice Center Staff

Day/Time: Wed., 10-11am

2400.301 W 7/16-8/20

Youth Intro to Ice Skating (6 Classes)

During each six-week session, students will be introduced to basic ice skating skills. Each lesson provides 30 minutes of instruction and 30 minutes of practice time on the ice. (Practice time will be from 5:45 - 6:15 pm.) Be sure to dress warmly and wear thick socks. Skate rental is included in the class fee. Please be sure to arrive 20 minutes prior to lesson to check-in and put on skates. Classes are instructed by the Ice Center Staff at Bridgepointe, 2202 Bridgepointe Parkway in San Mateo. Ages 5-14.

Cost: \$64 Resident, \$79 Non-resident

Location: Ice Center at San Mateo (574-1616)

Instructor: Ice Center Staff

Day: Mon.,

5-7 year olds 5:15-6:15pm

3400.301 M 7/14-8/18

8-14 year olds 5:45-6:45pm-

3400.303 M 7/14-8/18

Beginner Volleyball (4 Classes)

No experience is required for this class! Come learn the fun sport of volleyball this summer. Coach Lynn will teach bumping, setting, serving and spiking and help start building your "volleyball muscles". Ages 8-10.

Cost: \$40 Resident, \$50 Non-resident

Location: Recreation Center Gymnasium

Instructor: Lynn Niemera

Day/Time: Wed., 5-6pm

3612.301 W 6/18-7/9

Private Volleyball Lessons

Need some help with your overhand serve?

Want to improve your setting skills?

Private lessons are now available by appointment.

One-on-One lessons: \$20/half hour

Groups of 3 or 4: \$30/child/hour

Call 616-7182 to arrange times.

TEEN CLASSES & EVENTS

Internet Based Driver Education

Driver education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive and educational. Course work can be completed at any time of day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include the behind the wheel driving. Once you register for the class, you will be notified by e-mail within 48 hours with an access code. You can register at any time and complete the course at the student's pace. Ages 14-18.

Cost: \$71 Resident, \$86 Non-resident

Instructor: Self Taught - Allgood Education Corp

Location: Internet

Day/Time: Available 24 hours a day
4210.301

Teen Dance

End of School Year Dance - May 16

Meet up with all of your friends and dance to your favorite songs. Our live D.J. will be there with the latest and greatest songs of the year. Dances are held from 7-9:30pm at the Veterans Memorial Recreation Center. Tickets will go on sale one week before each dance at Parkside Intermediate School and at the Recreation Center. The pre-sale cost is \$7, \$10 at the door. Student ID cards will be checked at the door. The dances are not school sponsored or PTA events. We'll also sell glow necklaces for only \$2.00. Call Dee @ 616-7183 for more information. Don't Miss Out!

SPECIAL NEEDS PROGRAM

Special Needs Dance May 9

Dances are held from 7:00-9:00pm. Admission is \$5 and pictures are \$2. The dances are for teens and adults with Special Needs. We offer supervision, refreshments, raffle prizes and music. Please call 616-7184 for more information.



Wednesday Social Event Night

Looking to socialize with other Special Needs teens and adults? Wednesday nights at the Veterans Memorial Recreation Center is the place to be! Each Wednesday from 7:00-9:00pm, we do various activities that may include leaving the Recreation Center. Please call Jennie at 616-7184 and leave your address to receive a newsletter and obtain more information about our events.

OUTDOOR ADVENTURE

New!

Bike the Coastside Trail

Bike along the paved Coastside Trail in Half Moon Bay! This trail runs five miles south from Pillar Point Harbor, about three miles north of town, to Miramontes Point, just south of town, by the Ritz-Carlton. This is a great route for kids as well. We will be stopping at Pillar Point Harbor for lunch. Please pack a sack lunch or bring money for lunch. Bring lots of water, and wear sturdy shoes, layers, sun block, and a hat. You may even want to bring your camera! This trip includes transportation, a guided bike ride, and bike fees. For more information call Dee @ 616-7183. This trip will be cancelled if there is inclement weather. Minimum 5, Maximum 10

Registration Deadline: June 4th

Cost: \$80 Resident, \$95 Non-resident

Location: Half Moon Bay

Staff: Recreation Center Staff

Day/Time: Sat., 9am-3pm

5500.201 Sat 6/14

New!

Escape, Eat, Enjoy! Santa Cruz

Just North of Santa Cruz lies a hidden and quiet winery, Bonny Dunn. The tasting room lies near a redwood grove by Mills Creek. Get an opportunity to taste wine that is only available at the tasting room! Enjoy the atmosphere of the tasting room and then we will head up to the Davenport Road House for a delicious lunch that includes some California coastal cuisine with flair! This is a new "healthy and organic" restaurant with a bit of the South from Bonny Dunn. Tasting fees are on us, remember to bring money for lunch, water, and a camera! We'll depart from the Recreation Center & travel in City vans. For more information call Dee @ 616-7183. Ages 21-over only.

Registration Deadline: July 16

Cost: Adult: \$25 Resident, \$31 Non-resident

Location: Just South of Santa Cruz

Instructor: Recreation Center Staff

Day/Time: Sat., 10am-3pm

5582.301 Sat 7/26

New!

Hike El Corte Madera Creek

Off Highway 35 (Skyline Blvd), is the El Corte Madera Creek trail. The independent open space district has preserved over 55,000 acres of public land. We will venture out on the Tafoni trail, 3.3-mile mild hike. We will also come across a rare sandstone formation located on the trail. These large sandstone boulders have naturally eroded over thousands of years to create small, shallow caves in the rock, as well as lacy "fretwork" resembling a stone honeycomb. The trail is nestled among madrones and tan oaks for a nicely shaded hike however there are no toilet facilities or drinking water so you must supply your own hiking necessities. Wear comfortable sturdy shoes, wear layers, bring a bag lunch, and wear sunscreen/hat as well. We'll depart from the Recreation Center & travel in City vans. For more information call Dee @ 616-7183.

Registration Deadline: August 14

Cost: \$25 Resident, \$31 Non-resident

Location: San Mateo County

Instructor: Recreation Center Staff

Day/Time: Sat., 10:30am-3pm

5520.301 Sat 8/23

Ritz Carlton Tour in Half Moon Bay & More!

Back by popular demand! This trip sold out fast a couple years ago and we are offering it once again. We will have a docent led tour at the beautiful Ritz Carlton in Half Moon Bay. We'll stop for a one hour & half lunch at Pillar Point Harbor & Princeton-by-the-Sea. You may bring a bag lunch and eat it while watching the shorebirds such as killdeer and great blue herons. You can also spot some fishermen and recreational boaters. You also have the option of eating at Barbara's Fish Trap, Half Moon Bay Brewery, or Mezza Luna Restaurant. Our next stop will be the visit to Pasterino's floral nursery. We'll depart from the Recreation Center at 10:15am and travel in City vans. Wear comfortable shoes, pack a lunch or bring money for lunch & flowers, bring water and wear sun protection. For more information call Dee @ 616-7183.

Registration Deadline: August 27

Cost: \$25 Resident, \$31 Non-resident

Location: Half Moon Bay

Instructor: Recreation Center Staff

Day/Time: Sat., 10am-3pm

5572.301 Sat 9/6

ADULT ENRICHMENT

TAE BO Fitness (6 Classes)

Women's Weight Training (16 Classes)

Whether you are 18 or 80, you never outgrow the need to exercise and stay fit. Strengthen, tone and shape your muscles through a variety of resistance training exercises. Workouts can be adjusted to fit your individual goals. This is a serious weight training and body building program and is recommended to anyone who is serious about getting and staying in shape. Class is limited to 22 students - so sign up early! Ages 18-over.

Cost: \$45 Resident, \$56 Non-resident
Lab Fee: \$15 payable to instructor at 1st class

Location: Recreation Center Meeting Room & Exercise Room

Instructor: Kristin Allen

Day/Time: Tues. & Thurs., 5:15-7pm
5904.301 T&Th 6/17-8/7

Aikido For Beginning Adults (Coed) (12 Classes)

Aikido is a Japanese martial art. The techniques of Aikido emphasize redirecting the energy and force of an assailant's attack in order to subdue him. Aikido increases stamina, improves coordination and stresses non-aggression and harmony with your partner. In addition, Aikido is excellent means of physical exercise and an effective self-defense. Call (650) 872-2968 for information. No class 7/4. Ages 17-over.

Cost: \$70 Resident, \$85 Non-resident
Location: Tanforan Professional Center
Instructor: Masatoshi Morita
Days/Time: Mon., Wed., Fri., 10-11am,
Tues., Wed, Thurs., 7:10-8pm

5406.301 MWF 6/16-7/11
5406.302 TTh 6/17-7/10

This innovative program teaches the tried and true TAE BO techniques and now goes to a new level. Amazing new workouts are fun, fast and effective! Peter, personally trained by Billy Blanks, will guide and inspire you through your weight-loss plateaus and boost your metabolism for amazing results. TAE BO is the hottest fitness phenomenon and most complete workout system yet. Millions of people including athletes and celebrities have seen the benefits of TAE BO. Now it's here for you in San Bruno! "Motivation is temporary, but inspiration can last a lifetime", Peter says. No class 7/4 or 7/5.

Cost: \$64 Resident, \$79 Non-resident

Location: Dojo USA, 731 Kains Avenue, San Bruno

Instructor: Peter Johnson, Billy Blank's Tae Bo Certified Instructor

Day/Time: See below

5418.301	M	6/16-7/21	6:15-7am
5418.302	M	6/16-7/21	7:30-8:30pm
5418.303	W	6/18-7/23	6:15-7am
5418.304	W	6/18-7/23	7:30-8:15pm
5418.305	F	6/20-8/1	6:15-7am
5418.306	F	6/20-8/1	6:30-7:30pm
5418.307	Sat	6/21-8/2	8:30-9:30am

Private Tennis Lessons

Are you having trouble with your backhand or do you want to develop more topspin on your forehand? Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced. Call the tennis instructor at (408) 745-6171 to make arrangements. All checks payable to the "City of San Bruno". Check should be given to the instructor at the time of your lesson.

Instructor: Stanford Coach John Whitlinger & USPTA Professional Tom Sarsfield's staff

Location: San Bruno City Park Tennis Court #1

Fee: \$51 Resident, \$64 Non-resident (per hour),

\$140 Resident, \$155 Non-resident (three one hour lessons)

(Add \$5 per hour for an additional person)

Code: 5402.311 (per hour)

5402.312 (3 hours)

Tennis Lessons (6 Classes)

Enjoy top-flight instruction from the staff of Stanford University's Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield. Six hours of instruction for adult/youth classes of four to eight students. Classes of two students will be converted into four one-hour lessons. In case of rain, check with the instructor at the court. NO POSTPONEMENT ANNOUNCEMENT WILL BE GIVEN OVER THE PHONE. If at anytime the instructor is absent, report to the next scheduled lesson for makeup date. Unless notified otherwise, any makeup(s) due to postponement (i.e. rainouts) will be held on the next available normal meeting day following the session. However, Sundays may be used at the instructor's discretion.

Novice:

For beginners and advanced beginners. Learn simple and efficient techniques to develop dependable strokes that will enable you to enjoy tennis and continue to improve after class. Student(s) should repeat this class level until the instructor recommends an advancement.

Low Intermediate:

For those who can rally consistently but lack depth and placement. Emphasis on stroke fundamentals and basic strategy.
Ages 9-over (see below).

Cost: \$68 Resident, \$83 Non-resident

Location: San Bruno City Park Tennis Court #1

Instructor: Whitlinger Tennis Staff

Day: Sat (see below for times)

5402.301	Sat	10-11am	6/21-8/2 Low Intermediate (15-over)
5402.302	Sat	11am-12pm	6/21-8/2 Novice (9-14 yrs)
5402.303	Sat	9-10am	6/21-8/2 Novice (15-over)
5402.304	Sat	3-4pm	6/21-8/2 Low Intermediate (9-14 yrs)

ADULT ENRICHMENT

Adult Summer Softball

The Summer Softball League will begin play in July. Teams will play an eight game schedule with the top four teams advancing to a single elimination playoff. Each league will be limited to five teams. Registration packets are available at the San Bruno Recreation Department. Ages 18 & over or high school graduate.

Registration Deadline: Thursday, June 12

Tentative League Dates: July 7 - September 1

League Nights: Monday - Recreational Coed (5450.301)

Tuesday - Men's C (5450.302)

Wednesday - Men's D (5450.303)

Friday - Men's D (5450.304)

Game Times: 8:00pm & 9:00pm

Location: Lion's Field

League Fee: \$760 per team (discount of \$60 if you have 5 San Bruno residents or more)

For additional information regarding the Adult Sports Leagues, contact Danielle at 650-616-7182.

Exercise Room

The San Bruno Exercise Room is located at the front of the Veterans Memorial Recreation Center. The room is 625 square feet, has natural sun light, fresh air circulation, and new workout equipment. Featured equipment includes a Universal Weight Lifting Machine, Olympic bench press and free weights, exercycle, treadmill, Stairmaster, Smith Glide Machine, Leg Curl/Extension machine, and dumbbells. Users must register at time of first use and carry San Bruno issued I.D. Card whenever using the facility. Please note: only San Bruno residents over the age of 18 are permitted to use the exercise room. All exercise room hours are Coed. Gym is closed on Tuesdays and Thursdays from 5:15-7pm for class.

San Bruno Residents Only

\$4 one day pass

\$24 per month

\$95 per 6 months

Hours of Operation:

Monday-Thursday

8:00am - 9:00pm

Friday 8:00am-5:00pm

Saturday & Sunday

9:00am-1:00pm

Drop In Basketball Mondays & Wednesdays

San Bruno's Gymnasium is located at 251 City Park Way

(Participants must show proof of age by valid California ID or Drivers' License or School ID).

\$2 - Youth Open Play
16 & Under
6:30-7:30pm

\$4 - Adult Open Play
17 & Over
7:30-9:15pm

This schedule is subject to change for
special events & holidays

Adult Flag Football

The "5 on 5" league is back! This action packed non-contact league will be played at Lion's Field on Thursday nights. Teams will play an eight game season with the top four teams advancing to a single elimination playoff. Teams must have same colored jerseys that need to be approved by the League Director. Registration Packets are available at the San Bruno Recreation Center. Ages 18 & over or high school graduate.

Registration Deadline: Thursday, June 6

Tentative League Dates: July 10-September 4

Location: Lions Field

League Night: Thursday (5452.301)

Game Times: 6:30pm, 7:20pm, 8:10pm (subject to change)

League Fee: \$760 per team, (discount of \$60 if you have 5 San Bruno residents or more)

Adult Intro to Ice Skating (6 Classes)

You can have fun learning how to ice skate while getting some exercise too! Basic skating skills will be covered in these six-week courses. Class fee includes one-half hour lesson, skate rental and practice time immediately following each lesson. Be sure to dress warmly and wear thick socks. Please be sure to arrive 15 minutes prior to lesson to check-in and get skates on. Ages 16-over.

Cost: \$64 Resident, \$79 Non-resident

Location: Ice Center at San Mateo

Instructor: Ice Center Staff

Day/Time: Thurs., 7-8pm

5400.301 Th 6/5-7/10

5400.302 Th 7/17-8/21

ADULT ENRICHMENT

Fused Glass Jewelry (4 Classes)

Continuing students will always learn something new in this class. Advanced students will explore inclusions, enamels, milliflorii and much more. Come and learn the beautiful and extraordinary art of glass fusion from professional artist Charna Conway! After completing this course, you will not only come away with a sun catcher, pendant, earrings and a pin, but the basic knowledge of FUSING GLASS. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. Once you learn this beautiful art form you will be amazed at what you can create. All projects will be fired by instructor. Class sizes are limited so sign up early! Ages 13-over. Children over 8 can sign up with a supervising adult.

Cost: \$65 Resident, \$80 Non-resident
Lab Fee: \$25 payable to instructor, includes glass and firing.

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Mon., 9:30-11:30am, Thurs., 7-9pm

5015.303	M	7/7-7/28(am)
5015.304	M	7/7-7/28(pm)
5015.305	M	8/4-8/25(am)
5015.306	M	8/4-8/25 (pm)

Glass Night Lights, Napkin Holders & Small Bowls (4 Classes)

Come and learn the beautiful and extraordinary art of glass fusion! After completing this course you will learn to create a fused glass slumped bowl, a glass night light or a napkin holder. Basic glass cutting and fusing skills are required and can be learned in fused glass jewelry. All of your tools, cutters, saws, grinders and a kiln as well as fusing glass supplies will be provided. New molds have been purchased - come see! Class sizes are limited so sign up early! Ages 15-over.

Cost: \$65 Resident, \$80 Non-resident
Lab Fee: \$55 payable to instructor, includes glass, molds and firing - some projects may require an additional lab fee.

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Mon., 9:30-11:30am or 7-9pm

5015.307	M	7/7-7/28(am)
5015.308	M	7/7-7/28(pm)
5015.309	M	8/4-8/25(am)
5015.310	M	8/4-8/25(pm)

Beginning & Advanced Mosaics (4 Classes)

Whether you are a beginner or advanced student, you will always learn something new in this class. Advanced students will explore new techniques, materials, and opuses in this class. Come and learn the beautiful and extraordinary craft of mosaics! After completing this course, you will not only come away with a masterpiece of your own, but the basic knowledge of surface preparation, adhesives, grouting, how to compose a design and other basic mosaic techniques. All of your tools and supplies will be provided. Just wear your old clothes and prepare to have fun. You will master this versatile art form that you will want to apply to all sorts of objects. You will learn something new every time you take this class.

Cost: \$65 Resident, \$80 Non-resident

Drop In: \$20 Resident, \$25 Non-resident

Lab Fee: \$25 payable to instructor, includes glass and firing.

Drop In Lab Fee: \$10 payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Mon., 10-11:45am

3015.305	M	7/14-8/4
3015.306	Drop In	

Learn the Art of Beading (1 Class)

Learn all of the beading basics in these progressive classes. Take one or take them all. First class includes attaching findings so that you can attach any closure on a necklace or bracelet. You will make a beautiful glass bead bracelet with a toggle closure. Second class includes learning to make loops and wraps. You will make several pairs of earrings and learn about chandelier style earrings as well. Third class, learn how to use memory wire to make fantastic creations. You will make a multi-loop glass bead bracelet in this class. Tools will be provided, however if you have beading tools, please bring them. All findings, beads and accessories will be included in your lab fee. Time permitting you will learn tricks for using stretch elastic bracelets. Ages 13-over.

Cost: \$13 Resident, \$16 Non-resident
Sign up for all 3: \$30 Resident, \$38 Non-resident

Lab Fee: \$10 per class payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Sat., 10-11:45pm,

5015.311	Sat	7/19 (1 st Class)
5015.312	Sat	7/26 (2 nd Class)
5015.313	Sat	8/2 (3 rd Class)
5015.314	Sat	7/19-8/2 (all 3 classes)

Dangle Necklace Bead Class (1 Class)

In this special three hour class you will learn the tricks of designing multi strand necklaces as well as all of the basics such as attaching findings. Each student will create a multi strand necklace in class to take home for all to admire. All of your tools, beads and findings will be supplied. Please bring a beading tray and your own tools if you have them. Ages 15-over.

Cost: \$25 Resident, \$31 Non-resident

Lab Fee: \$18 payable to instructor

Location: Recreation Center Ceramics Studio

Instructor: Charna Conway

Day/Time: Thurs., 9:30am-12:30pm

5015.318	Th	7/3
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ADULT ENRICHMENT

Sketching, Painting & Watercolor (8 Classes)

Sketching and drawing will be done using the "Right Side of the Brain" techniques, which encourages an original and inspirational approach. Please bring any brushes, sketchbooks and watercolor paper you will need. Brushes are also available through the instructor at a minimal cost. This class is open to all beginning and intermediate students. Ages 15-over.

Cost: \$37 Resident, \$46 Non-resident
Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett
Day/Time: Tues., 6:30-9:15pm, Wed., 9:30-11:45am

5005.301	T	6/17-8/5
5005.302	W	6/18-8/6

Fused Glass Workshop (1 Class)

Come in and find out what glass fusion is all about. In this workshop you will learn the fundamentals of glass fusion and make a fused glass project as well. Learn the basics as well such as glass cutting and grinding and other skills necessary to create fused glass. This is a unique opportunity to experience this expensive medium for a fraction of the cost you will find anywhere else. So come in and see why fused glass is the hottest new craze. Ages 15-over.

Cost: \$20 Resident, \$25 Non-resident
Lab Fee: \$10 payable to instructor
Location: Recreation Center Ceramics Studio

Instructor: Charna Conway
Day/Time: Sat., 12-2pm
5015.302 Sat 7/26

Creative Ceramics (8 Classes)

Create your own casseroles, platters, mugs and sculptures with microwaveable - led free glazes. Learn hand work as well as wheel throwing, slab, coil and sculpture introduced. Lab fee covers cost of glaze and firing. Clay is available at cost. Wear your old clothes or smocks! Ages 15-over.

Cost: \$35 Resident, \$43 Non-resident
Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett
Day/Time: Tues., 6:30-9:15pm, Wed., 9:30-11:45am

5002.301	T	6/17-8/5
5002.302	W	6/18-8/6

50+ Ceramic classes & Oil Painting offered at the Senior Center by the San Mateo Adult Education. For more information see page 35 or contact the Senior Center at 650-616-7150.

Porcelain Dolls (8 Classes)

Create a doll for someone special and a gift that can be treasured forever. Complete a doll of your choice in porcelain. After using our molds, you will be instructed in cleaning and finishing techniques as well as china painting to decorate dolls. A wide variety of dolls will be reproduced, antique as well as new modern dolls are available from 2" to 36". Supplies, greenware, china paints and tools purchased separately from instructor. Ages 15-over.

Cost: \$35 Resident, \$43 Non-resident
Lab Fee: \$10 payable to instructor at first class

Location: Recreation Center Ceramics Studio

Instructor: Marilyn Bennett
Day/Time: Tues., 6:30-9:15pm, Wed., 9:30-11:45am

5001.301	T	6/17-8/5
5001.302	W	6/18-8/6



Mosaic Stepping Stones For Your Summer Garden (4 Classes)

Artist Charna Conway will teach you all of the mosaic techniques to create you own stunning Stepping Stones for adding color and style to your garden or patio. Students will learn how to cut and shape tile as well as tons of tricks of the trade to make other stunning mosaic projects. All of your mosaic stepping stone supplies and tools will be provided. Class size is limited so sign up early for this fantastic class. Age 15-over.

Cost: \$65 Resident, \$80 Non-resident
Lab Fee: \$15 payable to instructor
Location: Recreation Center Ceramics Studio

Instructor: Charna Conway
Day/Time: Thurs., 5-7pm
5015.301 Th 7/10-7/31

Drop In Glass Lab

If you are currently enrolled in one of the glass fusion classes you may sign up for using the studio to work on your projects. The lab times are available during any of Charna's classes. The spots available are based on the current class size and must be arranged by instructor. So use the sign up sheet available in the ceramics room to reserve your spot. **Lab fees apply.**

Cost: \$20 Resident, \$25 Non-resident
Lab Fee: \$10 payable to instructor
Location: Recreation Center Ceramics Studio

Instructor: Charna Conway
Day/Time: Mon., 10-11:45am, Wed., 1-2:45pm, Thurs., 5:15-7pm
5015.317 Arrange Days with Instructor

ADULT ENRICHMENT

Belly Dance (8 Classes)

Are you tired of aerobics or don't find Jazzercise very creative? Try Belly Dance! A dance with ancient origins, it is not only great exercise, but also is highly individualistic, allowing each dancer to develop her own unique style. Instruction includes dance styles from Egypt (Cabaret, Ghawazee, Saidi), Tunisia, Morocco, Turkey, Persia and Afghanistan. The course, for beginning through advanced teens and adults, will also include instruction in costuming techniques appropriate to each style. Bring three yards of sheer 45 inch wide fabric and a set of four finger cymbals. Ages 13-over. No class 5/26. Females only.

Cost: \$47 Resident, \$59 Non-resident
Location: Monte Verde Elementary School
Instructor: Nancy Hernandez
Day/Time: Mon., 7-9pm
5106.301 M 6/16-8/4

Adult Beginning Ballet & Jazz (6 Classes)

Come join the fun and work on your flexibility, rhythm and coordination skills! In this combination class, students will warm up, stretch, learn ballet and jazz combinations, and routines! Intermediate students are welcome as well. Ages 18 & over.

Cost: \$66 Resident, \$81 Non-resident
Location: Recreation Center Meeting Room
Instructor: Pacific Dance Company
Day/Time: Mon., 11am-12pm
5120.301 M 7/7-8/11

Beginning Adult Hip Hop (8 Classes)

In this high energy dance class, participants will learn hip hop and stepping combinations and routines. Class will also focus on flexibility rhythm and coordination skills. Intermediate levels are welcome. Ages 18 and over.

Cost: \$80 Resident, \$95 Non-resident
Location: Recreation Center Meeting Room
Instructor: Pacific Dance Company
Day/Time: Wed., 6:30-7:30pm
5119.301 W 6/25-8/13

Social Ballroom Dance (6 Classes)

When you go to dance, do you envy those couples gliding around the floor? Are you going on a cruise, to a wedding or class reunion? This is your chance to shine! Join the beginning class and learn the basics in the Samba, Rumba, Cha Cha, Waltz, Foxtrot, Swing, Mambo, Tango and more. The Intermediate Class is a continuation of instruction from the Basic Class with the addition of NEW and advanced steps with emphasis on styling in all the dances. One basic series required before attending Intermediate Class. New intermediate steps every series. FOR COUPLES ONLY. Ages 16-over.

Cost: \$88 Resident, \$103 Non-resident (per couple)
Location: Forest Hill Christian Church, 250 Laguna Honda Blvd. SF
Instructor: Bart & Judy Lewis
Day/Time: Thurs., 7:30-8:30pm (beg), or 8:30-9:30pm (int.) Registration @ 7:15pm.
5105.301 Th 6/26-7/31 (beg)
5105.302 Th 6/26-7/31 (int)

AM Yoga & Rhythm (8 Classes)

Men and women of all ages will benefit from easy and effective yoga postures in a non-competitive environment. No experience is required. We will begin warm-ups with movements to lively rhythms, followed by relaxation and stretching. Feel recharged in body, mind and spirit and take the energy into your daily life. Please bring a mat and an empty stomach to class. Ages 15-over.

Cost: \$69 Resident, \$84 Non-resident
Drop-In: \$12 Resident, \$15 Non-resident
Location: Recreation Center Meeting Room
Instructor: Monika Neal
Day/Time: Wed., 10:30am-12pm
5600.301 W 6/18-8/6

50+ Yoga Classes offered at the Senior Center. For more information see page 35 or call the Senior Center at 650-616-7150.

Yoga (5 Classes)

Yoga means union and is designed to assist in integrating mind, body and spirit. Each yoga posture not only helps us to relax, strengthen and tone, but also aids in opening major energy centers. Over time, many of us build up and hold blocked energy within, creating tension, stress and disease, which limits us from vibrating at our highest level. Take time for yourself and join this non-competitive, relaxing and life-giving environment. No previous experience is necessary. Please bring a mat or towel. It is best not to eat prior to class. No class 5/26. Ages 15-over.

Cost: \$45 Resident, \$56 Non-resident
Drop In: \$12 Resident, \$15 Non-resident
Location: Recreation Center Meeting Room
Instructor: Linda Russell
Day/Time: Mon. 7:15-8:30pm
5601.301 M 6/16-7/14
5601.302 M 7/21-8/19

ADULT ENRICHMENT

Compost Workshop! (1 Class)

The County of San Mateo Master Composting Volunteers will provide a free workshop to the public to educate and demonstrate how to compost and worm compost. Each class is 2 hours long (will cover the same material) and since the instructors are volunteers there may be different instructors for different days. All volunteer Master Composters have completed an intensive Master Composter Training Program of 20 initial hours and monthly in-service training. Ages - All Welcome!

Pre-registration for this class is desired. In the case of no enrollment, class will be canceled two days prior to the meeting date.

Cost: Free!

Location: Recreation Center Conference Room 2

Instructor: San Bruno Garbage Co. & County of San Mateo Master Composting Volunteers

Days/Time: Sat., 9:30-11am,

Tues., 6:30-8pm

5205.301 Sat 7/12

5205.302 T 8/5

5205.303 Sat 8/23

"Revival of the Artists" Live Music & Dancing

Senior Center Fundraiser!

Come see Manny impersonate Elvis, Johnny Cash, Roy Orbison, Stevie Ray Vaughn and James Brown in all their attire.

Saturday, May 17
\$15 per person
7:00pm Show Begins
Dancing will follow
until 10pm
Snacks & Cash Bar

Tickets available at the
San Bruno Senior Center
650-616-7150

How to Sell Your House for Top Dollar (1 Class)

Most home sellers make a number of mistakes that in the Bay Area, end up costing them thousands of dollars, even though they may never realize it. Comprehensive yet concise, this enjoyable "boot camp" shares cutting-edge insider secrets that can enable the typical seller to enhance bottom-line earnings by literally tens of thousands. If you may be selling your house in the near future, you cannot afford to miss this class. Ages 18-over.

Cost: \$15 Resident, \$19 Non-resident

Location: Conference Room 1

Instructor: Daniel Berman

Day/Time: Sat., 10am-12pm

5803.301 W 7/19

5803.302 Sat 8/9

HOMEBUYER SEMINAR

JUNE 14, 2008

10:00AM TO 1:00PM

SAN BRUNO REC CENTER

Consumer Credit Counseling and Marshall Realty have teamed together to provide **Free** Educational Homebuyer seminars for over 10 years. During these 10 years they have helped educate over **500** families, many of which have become homeowners. With the current condition of the real estate market, education is key in making the dream of homeownership a reality. Consumer Credit Counseling is a non-profit organization and will provide a *Certificate of Completion* to participants. This certificate may be required for certain subsidies or down payment assistant programs. Space is limited, please call for a reservation. **650-589-HOME(4663)**

Chinese Martial Arts Kung Fu (5 or 6 Classes)

Come challenge yourself physically and mentally as you learn this traditional form of Chinese martial arts. In this introductory class, students will learn fundamental building blocks that will help develop skills required in more advanced levels of Kung Fu training. The student will learn the origin of Chinese Martial Arts, customs and philosophies, and in turn develop a respectful attitude toward others and themselves. Students will learn basic stances, punches, footwork, and practical self-defense techniques. Students will also learn a Northern Shao-Lin form. Uniform and equipment may be purchased from instructor. Students signing up for Beginner II must have completed the Beginner I class and permission from Instructor. Ages 6-over.

Cost: Session 1: \$41 Resident, \$51 Non-resident, Session 2: \$47 Resident, \$58 Non-resident

Lab Fee: Equipment may be purchased from instructor

Location: Monte Verde School

Instructor: Robert Louie & Herb Leung

Day: Friday

Beginner I

5401.301 6:45-7:45pm 6/20-7/25

5401.302 6:45-7:45pm 8/1-8/29

Beginner II

5401.303 7:45-8:45pm 6/20-7/25

5401.304 7:45-8:45pm 8/1-8/29

Women and Investing (4 Classes)

Participants will learn the power of investing and how to examine their current financial situation, focus on their goals, control taxes, and manage financial risks. We will also discuss stocks and bonds, investing and retirement plans. Investments will be unveiled in simple, easy to understand language for everyone.

Cost: \$15 Resident, \$19 Non-resident
Lab Fee: \$6 payable to instructor at first class

Location: Recreation Center Conference Room 1

Instructor: Meg Finones

Days/Time: Thurs., 6-8:30pm

5225.301 Th 7/17-7/31

San Bruno Senior Center 1555 Crystal Springs Road

Phone: 616-7150 Fax: 589-8219

Open 8:00am - 4:00pm, Mondays - Fridays

Senior Center Staff

Wendy Mines, Recreation Services Manager
 Mary Tessier, Recreation Services Supervisor
 Fred Perez, Building Maintenance
 Ricardo Dimas-Amaya, Building Maintenance
 Susan McCaman, Information & Referrals
 Dorothy Rose, Office Assistant
 Gloria Deeter, Nutrition Site Manager
 Ron Miles, Transportation

Senior Advisory Board

Dale Sly, Chair

Tony Geraldini	Bill Goff
Loretta Groulx	Arland Sponsler
Dorothy Carmichael, Vice Chair	Barbara Luzaich

Pick up our monthly calendar "Simple Pleasures" at the reception desk in the Senior Center.

Art & Special Interests, Exercise, Music & Dance

Mondays

3-Mile Hike.....	8:15am
Intermediate Western Line Dancing.....	9:00am
*Ceramics	9:00am
*Arm Chair Travel	10:00am
Ballroom Dancing (to live music).....	10:45am
Bridge.....	1:00pm
*Wings Over Italy	1:00pm
BINGO.....	1:10pm
Computer Club.....	1:00pm
*Gentle Pilates.....	3:30pm
*Yoga.....	4:30pm

Tuesdays

Fun & Fitness Exercise.....	9:00am
Beg/Int Tap Dance.....	10:00am
Spanish Lessons.....	10:00am
Ukulele Lessons.....	10:00am
First Time Tappers.....	11:00am
Computer Club.....	1:00pm
Tai Chi (Beginners).....	12:00pm
Music Sing Along (3rd Tuesday).....	12:30pm
Tai Chi (Intermediate).....	1:00pm
Ballroom Dance Lessons.....	2:15pm

Wednesdays

3 Mile Hike.....	8:15am
Advanced Western Line Dancing.....	9:00am
Stained Glass.....	9:30am
Ballroom Dance (to live music).....	10:45am
Computer Club.....	1:00pm
*Current Affairs.....	1:00pm
Beginning Western Line Dancing.....	1:00pm
Intermediate Western Line Dancing.....	2:00pm
BINGO.....	1:10pm
*Yoga.....	4:30pm

Drop In Activities

Bocce Ball, pool table, & cards,
 plus monthly Card Tournaments,
 Monday and Friday afternoon Bridge Club

Thursdays

Fun & Fitness Exercise.....	9:00am
Creative Writing.....	10:00am
*Yoga	10:00am
*Oil/Acrylic Painting	12:30pm
Softball	10:30pm
Ballroom Line Dancing.....	1:00pm
Coping with Change & Loss Support Group.....	1:00pm
Pedro (1 st , 3 rd & 5 th Thursday Tournament).....	12:30pm
Thursday Night BINGO.....	5:00pm

Fridays

3 Mile Hike.....	8:15am
Advanced Tap Dance.....	9:00am
Crafts & Knitting.....	9:00am
Movie (1 st Friday).....	9:30am
Computer Club.....	1:00pm
Bridge.....	1:00pm
Gardening Class.....	1:00pm
BINGO.....	1:10pm
Ping Pong (2 nd & 4 th Friday).....	1:30pm

*Sponsored by San Mateo Adult Education

Adult Education Programs

All seniors (50+) are invited to participate in all classes. Co-sponsored with San Mateo Union High School District

<u>Class</u>	<u>Instructor</u>	<u>Day</u>	<u>Times</u>
Ceramics	Jeri McGovern	M	9am
Armchair Travel	Aldo Pardini	M	10am
Wings Over Italy	Aldo Pardini	M	1pm
Pilates	Stephanie Funk	M	3:30
Yoga	Matt McGovern Cory	M&W	4:30pm
Current Affairs	Jack Mather	W	1-3pm
Yoga	Elizabeth Hackett	Th	10-11:30am
Painting	Jeri McGovern	Th	12:30-3:30pm

THERE IS A NOMINAL FEE FOR THE ABOVE CO-SPONSORED PROGRAMS

Lunch & Transportation programs
 sponsored in part by
 San Mateo County Area Agency on Aging.

ADULTS 50 +

American Association of Retired Persons (AARP)

Monthly meetings at the San Bruno Senior Center, second Saturday of each month, 9:00am – 12:30pm.

San Bruno Senior Club

The San Bruno Senior Club meets every Thursday at the Recreation Center from 10:00am to 3:00pm. Members bring a bag lunch, play cards, BINGO and may participate in special monthly excursions. Transportation is available to and from the club. Call Arland Sponsler at (650) 583-2000.

High Gas Prices? No Place To Park?

**Why not try the BUS and leave
the driving to us!**

**Door to Door Service to the
Senior Center
for San Bruno Residents
Phone 616-7150**

Computer Club

Membership is open to everyone over 50. We offer classes (including beginners), practice time and coaching. Current information is posted on the Club Bulletin Board in the Center's Conference Room. Questions call (415) 334-3434.

BOCCE BALL FOR PLAYERS 50+

SUMMER LEAGUE STARTS

Mondays 6/24 9am-12noon

Tuesdays 6/25 Noon-3pm

Friday 6/27 9:30-12noon

Registration Deadline: June 2, 2008

League Fee: \$5 per person non-members
Free for members

Sign up at the San Bruno Senior Center or
call Mary Tessier at 616-7152.

2008 Summer Horseshoe League

League Begins June 18

Registration Deadline May 28, 2008

League plays Wednesdays from 9:30-11:30am
at Beckner Shelter in San Bruno City Park.

Two Person Teams

League Fee: \$2 for non-members

Free for members

For more information,
call Mary Tessier at 650-616-7152.

Softball League

Team of enthusiastic players (50+) who practice and play softball on Thursday mornings (usually 10:30-12noon) at Diamond #2 in San Bruno City Park. New players, male and female, encouraged to join us for some fun and exercise.

League Fees: \$10 per person

For more information call Mary Tessier at
650-616-7152.

SOCIAL SERVICE HOTLINE - 1-800-675-TIES (8437)

ADULTS 50 +

Enhancing Nutrition with Eating Healthy 9:30-11am - 2nd Tuesday of each Month

Join the San Bruno Senior Center for an exciting new monthly service. Each month, a licensed dietician will visit the Senior Center to enhance your nutrition and bring with her low sodium food for you to taste.

AARP Driver Safety Program (Formerly "55 Alive") 8:30am-12:30pm

AARP & San Bruno Senior Center sponsors a refresher-driving course for adults 50 and over. The cost is \$10 for two 4-hour sessions. Call the Senior Center to register.

Blood Pressure Checks

Come have your blood pressure and glucose screened the second Tuesday and last Friday of each month from 9:30-11am. There is no charge for this service. This program is sponsored by Senior Focus, Mills-Peninsula Health Services and San Mateo County Aging & Adult Services.

Health Insurance Counseling and Advocacy Program (Hicap)

Call 1-800-434-0222 to speak to our volunteer health insurance counselor who is available for Tuesday appointments. She will help answer your questions about medicare and health insurance issues including HMO's and Long Term Care.

Social Services

Susan McCaman at (650) 616-7155 is available to assist and answer questions pertaining to senior health care, transportation, employment, respite care, tax assistance, social security insurance, home delivered meals, housing, and more. If you are homebound or know of someone who can use assistance or support, call Susan. There is no charge for this valuable service for San Bruno residents, but donations are accepted.

Minor Home Repair Program for Senior Homeowners

If you have problems with:
Screen Doors Broken Windows
PG&E Weather Stripping
Minor Plumbing Repairs

Call: Neighborhood Services of Northern San Mateo County to see if you qualify for assistance. 650-583-3373

Help at Home: A Guide to Assist San Mateo County Residents to Remain at Home

The Help at Home guide is a mini-reference guide designed to assist San Mateo County adults of all incomes to remain in their homes when they are ill, disabled, or in crisis. The guide includes listings for Aging & Adult Services of San Mateo County, adult day care centers, grocery and meal delivery services, dining centers, home care services, home health agencies, medical insurance assistance, loan closets, medical equipment, support groups, transportation, and more.

Help at Home is published by the San Mateo County Commission on Aging and the Peninsula Library System and contains no advertisements. Spanish and Chinese versions will be available and an online version can be accessed at <http://cip.plsinfo.org/hah.htm>. To obtain a free copy of the 2006-2007 booklet, please call the Peninsula Library System Community Information Program at 650-595-7950, or call Susan McCaman at the San Bruno Senior Center at 650-616-7155.

ADULTS 50 + LUNCH IS SERVED!

Pick up your copy of "Simple Pleasures" at the Senior Center Reception Desk and check out our daily lunch menu! Our talented chefs prepare food onsite to provide you with delicious meals that you can enjoy with your friends on the deck overlooking Junipero Serra Park or in our beautiful dining room. If you're at least 60 years old (and registered), the requested donation for each meal is only \$2.75*. Registration is easy. Just stop by and we'll show you how. If you're younger than 60, the cost for each meal is \$5.00.

*Co-sponsored by San Mateo County Area Agency on Aging

Fun Events at San Bruno Senior Center

May 9

**Mother's Day Celebration &
Step Out For Seniors**

June 13

Father's Day Celebration

July 2

Independence Day Celebration

"Freddie's Cafe"

Monday - Friday

8:00am-4:00pm

Now serving Espressos, Lattes,
Mochas, Cappuccinos, Speciality
Drinks, Chai Tea, Hot Chocolate,
Tea, Hot Apple Cider, Italian So-
das, and Sandwiches!

8:30-10:30am

OPEN TO THE PUBLIC!

Salad Bar

Monday - Friday

11:00am - 12:15pm

\$3.00 Donation

For people 60+ and registered
for the Senior Center
Lunch Program

San Bruno Senior Center & Non-Profit Nutrition Program Sponsors

Thursday Night BINGO

Doors open at 5:00pm
Games begin at 6:45pm

Open to the Public
Maximum payouts
4 Early Birds; 17 regular games
and much, much more!

ADULTS 50 +

Your 2008 S.B.S.C. Voluntary Membership Application is waiting for you at the Senior Center Reception Desk.

Annual Membership fee is \$15 per year for San Bruno Residents, \$20 for non-residents. Any additional donation is tax deductible and supports the non-profit Information/Referral, Transportation, and Lunch Programs.

The benefits package includes:
One Lunch Ticket valid on a Tuesday
One Free Happy Hour
One Free Biscotti or Pastry at Coffee Bar
Waive Senior Center League participation fees for Bocce, Horseshoes and Softball
Free use of the Billiards Table
Plus the satisfaction of supporting your San Bruno Senior Center

Sunday Dances

1st Sunday of the Month

Line Dance

1:00-4:00pm, \$5 seniors (50+) only.
Refreshments, lessons and dancing!

3rd Sunday Dances

Come and dance the afternoon away with the Bob Guterrez Band.
Your hosts: Raoul Epling & Akira Tsunoda
1:00-3:00pm, \$4 per person

Sunday Drop-In Dance

Last Sunday of each month.
Live music with the Bob Guterrez Band.
Your host: Raoul Epling & Akira Tsunoda
1:00-3:00pm, \$4 per person

August Summer Fun

August 18-22, 2008

A week of sports & recreational activities for adults 50-over.

Mon., 8/18: 1-3pm Table Tennis
Tues., 8/19: 8:15am Water Aerobics
1:15pm Hike in Muir Woods (\$5)
Wed., 8/20: 9:30am Horseshoes
1pm Billiard Tournament
Thurs., 8/21: Softball Game & Picnic (\$5)
Fri., 8/22: Party with California Cowboys
Lunch, Music & Dancing
\$7.50 Advance, \$10 Door

Most events are free. Some trophies & medals will be awarded. For more information or to register for an event, contact Mary at 650-616-7152.

"Revival of the Artists"

Live Music & Dancing

Come see Manny impersonate Elvis, Johnny Cash, Roy Orbison, Stevie Ray Vaughn and James Brown in all their attire.

Saturday, May 17

\$15 per person

7:00pm Show Begins

Dancing will follow until 10pm

Snacks & Cash Bar

Tickets available at the
San Bruno Senior Center
650-616-7150

Senior
Center
Fundraiser!



ADULTS 50 + EVENTS

Grease

Sunday, June 29, 2008

\$89 per person

You will start your day off at the Crowne Plaza in Foster City with their Fabulous Champagne Brunch, at the Caffe Florian. After brunch, you will make your way to the West Valley Light Opera to see Grease. Grease is a rollicking musical comedy which opened in 1972 and became one of Broadway's longest-running musicals. It takes a nostalgic look at growing up in the ultra-cool 50's, when slicked-back hair, beehive hairdos, tight pedal pushers, bobby sox, pajama parties, and drive-in movies were the rage. Popular songs include "Summer Nights", "Greased Lightnin'" and "We go Together".

Follow That Seagull – A Day to Remember

Thursday, July 24

\$69 per person

We will "Follow that Seagull" with tour guide extraordinaire, Craig Smith. You will find out things that you had never known about San Francisco! We will experience an in-depth "Ultimate City Tour". Your city tour includes a hosted lunch at the Beach Chalet, which offers a breathtaking ocean view. The ground floor visitor's center features an interpretive exhibit of beautiful murals, mosaics and woodcarvings, which were completed in 1936 as part of a federal works program.

Laguna Art Festival

August 6-11, 2008

\$1,275 per person Double Occupancy,

\$400 Single Supplements

Trip includes deluxe motor coach transportation, 5 nights deluxe accommodations at the Westin in Pasadena, 15 hosted meals plus tax and gratuity, guided tour of the Huntington Library and Botanical Gardens, the Nethercutt Museum, the Gamble House, San Juan Capistrano and Mission San Juan Capistrano, Fun Zone Riverboat Newport Beach and Main Tier Seating at the Pageant of the Masters Laguna Art Festival.

A Day Afloat

Thursday, September 25

\$137 per person

Join San Bruno Senior Center for a fun and exciting afternoon as we travel to the picturesque town of Sausalito. We'll enjoy a unique docent-led tour of the Floating Homes. This community evolved from free spirited artists, shipbuilders and writers who lived aboard the arks and the various types of boats, which were informally anchored in SF Bay beginning in the 1800's. Then travel back to San Francisco to catch the water taxi for an experience of a lifetime aboard the world's only floating island. Then off to Forbes Island, a wonderfully ridiculous floating restaurant disguised as an island and unknown to even most locals.

INDIAN CASINO DAY TRIPS

Depart San Bruno at 8am and travel to an Indian Casino where you will enjoy casino action.

River Rock - \$30

Thursday, June 19

\$15 cash coupon

Feather Falls - \$30

Thursday, July 17

\$10 cash coupon

Thunder Valley - \$20

Wednesday, August 20

\$5 match play & \$5 food coupon

Jackson Rancheria - \$20

Thursday, September 18

\$10 cash coupon

Overnight Casino Trips

Reno - Sands

Sunday & Monday

July 27 & 28, 2008

September 28 & 29, 2008

\$65 Double Occupancy

\$77 Single Occupancy

\$12 Food Coupons

\$30 Cash Bonus

Contact Barbara Luzaich - 583-6745

**FOR FURTHER INFORMATION ON ALL TRIPS, CALL
THE SAN BRUNO SENIOR CENTER AT (650) 616-7153.**

SAN BRUNO RECREATION SERVICES

HEALTH INFORMATION FORM

(MUST BE RETURNED WITH CAMP KALEIDOSCOPE, MINI KALEIDOSCOPE AND ADVENTURE CAMP REGISTRATION AND TO ATTEND THE SUMMER PLAYGROUND PROGRAM)

PARTICIPANT'S NAME: _____ SEX: _____ AGE: _____

ADDRESS: _____ BIRTH DATE: _____

PARENT OR LEGAL GUARDIAN: _____ PHONE: _____

_____ PHONE: _____

IF PARENT IS NOT AVAILABLE IN AN EMERGENCY, NOTIFY:

NAME: _____ PHONE: _____ RELATION: _____

NAME: _____ PHONE: _____ RELATION: _____

HEALTH HISTORY:

FOOD ALLERGIES: _____ SYMPTOMS: _____

INSECT ALLERGIES: _____ SYMPTOMS: _____

ASTHMA HISTORY: _____ SYMPTOMS: _____

DIABETES: _____ SYMPTOMS: _____

SEIZURE HISTORY: _____ SYMPTOMS: _____

MEDICATIONS: _____

Any other operations, serious injuries, chronic or recurring illnesses we should be aware of:

Any specific activities to be restricted:

IMPORTANT: PLEASE NOTIFY THE RECREATION LEADER IF THIS PARTICIPANT HAS BEEN EXPOSED TO ANY COMMUNICABLE DISEASE DURING THE 3 WEEKS PRIOR TO ATTENDANCE OR AT ANY TIME DURING PARTICIPATION.

Parents' Authorization: This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me.

In the event I cannot be reached in an EMERGENCY, I hereby give permission to physician selected by parent or legal guardian or the recreation leader to hospitalize, secure proper treatment for, and to order injection anesthesia or surgery for my child, named above.

Parent/Guardian Signature

Date

REGISTRATION INFORMATION

Mail-in, drop-off & fax registration begins immediately.
Walk-in registration begins Monday, May 19

Four Easy Ways To Register:

1 Mail-In

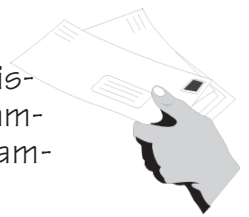
Mail completed form, payment, and health form if appropriate, in a sealed envelope to:

San Bruno Parks & Recreation Services
567 El Camino Real
San Bruno, CA 94066
Attn: Class Registration



2 Drop-Off

Place completed form and payment in a sealed envelope in the "Registration Drop Box" at the Recreation Center, Monday - Thursday 8:30am-8:30pm, Friday 8:30am-4:30pm, and Saturday & Sunday, 9:30am-12:30pm.



3 Fax-In (650) 583-2545

Fax registrations will be accepted if you plan to pay by VISA or MasterCard. Please write clearly. Fax registration will be compiled with that day's mail.



4 Walk-In Starting May 19

Monday-Thursday, 8:30am-8:30pm, Friday, 8:30-4:30pm and Saturday & Sunday, 9:30am-12:30pm. Bring completed form to the Recreation Center in San Bruno City Park, 251 City Park Way.

Registration Information

- There will be a \$25 fee for each returned check; payment must be made by money order or cash.
- Resident Fee applies to anyone living within the San Bruno City limits, all others must pay non-resident fee.
- For classes located on school grounds, use of tobacco products is prohibited.
- For hearing impaired persons, call California Relay Services at 1-800-735-0373 (Voice) or 1-800-735-0193 (TTY).
- Make checks payable to San Bruno Recreation. (Please write your California Driver's License number on all checks)
- A registration confirmation will be mailed to you.
- DO NOT mail cash.
- Visa/MasterCard payment is available. Accurately complete the designated box on the registration form.

Refund Policy

Full refunds will be issued only upon the Department's cancellation of a class or activity. Please allow 3 weeks for refunds to be processed. If you choose to withdraw from a class at least 3 working days prior to the first class meeting, you will receive a refund for the amount of the class, less a \$5.00 service charge per activity. If you choose to withdraw from a class less than 3 working days prior to the first class meeting, you may not receive a refund for that class. All refund requests will be taken on a case-by-case basis.

Registration Form



Please fill out the form below and mail with your payment to:

San Bruno Parks & Recreation Services Department
 MAILING ADDRESS: 567 El Camino Real
 San Bruno, CA 94066
 650-616-7180 (phone)
 650-583-2545 (fax)

PHYSICAL ADDRESS: 251 City Park Way
 San Bruno, CA 94066

Payer Name: _____
 (First Name) (Middle Initial) (Last Name)

Address: _____
 (City) (Zip)

Home Phone:() _____ Work Phone:() _____ Emergency:() _____

Participant's Full Name	Grade	Sex M/F	Birthdate (all participants)	Code Number 1 st Choice	Code Number 2 nd Choice	Activity Name	Program Fee

For all mail, drop off and fax registrations add Processing Fee **\$1.00**

☐ **Yes, I have added \$1.00 to support the Youth Recreation Scholarship Program. Total Fees**

Liability Release: In consideration of my application for the above activity, I hereby waive, release, and discharge any and all claims for damage for death, personal injury or property damage, which I may have, or which may hereafter occur to me, as the result of participation in said event or activity. This release is intended to discharge in advance the City of San Bruno, its officers, employees, agents or volunteers from liability, even though that liability may arise out of negligence or carelessness on the part of persons or entities listed above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing these risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

Signature _____ Date _____

It's Easy! You can even use your credit card!

☐ Visa ☐ M/C

Signature _____

Card Number _____

Exp. Date _____

I authorize the above charges.

Cardholder's Name (Printed) _____

Parental Consent: (To be completed if applicant is under 18 years of age): I give my consent for my son/daughter _____ to participate in the above activity and I execute the above liability release on his/her behalf. Read Before Signing: I have read and understood the foregoing registration form, liability release form, and parental consent form, and agree to all their terms and conditions.

COMMUNITY GROUPS

Community Clubs & Organizations

BOY SCOUTS OF AMERICA

Contact Council Headquarters at 341-5633

FAMILY SERVICE AGENCY CHILD DEVELOPMENT CENTER

Contact 692-0555

FRIENDS OF THE SAN BRUNO PUBLIC LIBRARY

Contact Karen Mayers, President, 952-2035

GIRL SCOUTS OF AMERICA

Contact 1-800-447-4475

BLOOD CENTERS OF THE PACIFIC

Contact 369-8211

SAN BRUNO 4H CLUB

Farm Phone Number 588-9549

Contact Melinda Buchan at 583-6754 or
Jane Stahl at 583-7249

SAN BRUNO AARP

Contact Bill Goff at 583-4499

SAN BRUNO AMERICAN LEGION

Contact Bill Polson at 583-3232

SAN BRUNO CHAMBER OF COMMERCE

Contact Laura Baughman at 588-0180

SAN BRUNO COMMUNITY GARDENS

Contact Helen Kiefer at 871-1958

Plots are \$45 per year. Garden is located at the
south end of First Avenue near Lions Field.

SAN BRUNO LIONS CLUB

Contact Harry Costa at 871-9425

Posy Parade - 1st Sunday in June!

SAN BRUNO MOTHERS CLUB

Contact 286-7591

General meetings held 3rd Tuesday at San Bruno
Recreation Center Conference Room
website: www.sanbrunomothersclub.com

SAN BRUNO POLICE RESERVES

Contact Sergeant Matt Campi at 616-7107
mcampi@ci.sanbruno.ca.us

SAN BRUNO ROTARY

Contact Meg Finones, President, at 952-2877
P.O. Box 651, San Bruno, CA 94066
www.rotary.sanbruno.org

SAN BRUNO SENIOR CLUB

Contact Arland Sponsler, President, at 583-2000

ULTIMATE ALL STARS COMPETITIVE CHEER & DANCE

Contact Valerie Miller 504-8015

www.uachampions.com

VFW Post 2517

Contact Commander Robert Sneathen III at 952-5348

Sports Contacts

Note: Playing seasons and some sign-up dates are
listed. For further information, call the contact.

Baseball

Junior Giants (7-12 yrs) - Lorry Greenberg.....873-0856

League: July-August, Sign-ups 1st & 3rd Sun. in May

Pewee League (8-10 yrs) - Ray Scarabosio.....952-5588

League March-June, Sign-ups 2nd & 3rd Sat. in January

Fall Baseball (10-14 yrs) - Jim Thiel.....589-4432

League: August-November, Sign-ups June 9 & 16

Bronco Division (11-12 yrs) - John Seevers.....871-8493

League: Mid February-June, Sign-ups end of January

Pony Division (13-14 yrs) - Jim Thiel.....589-4432

League: Mid February-June, Sign-ups end of January

Colt League (15-16 yrs) - Scott Zayac.....588-1142

Jeff Smiley.....872-6694

League: Mid May-Mid July, sign-ups last two Sat. in Feb.

DiMaggio Team (16-18 yrs) - (Summer)

Tom Lara.....589-4430

Bob Nolan.....952-6833

League: End of May-Mid August, sign-ups in February

DiMaggio Team (Winter) - Tom Lara.....589-4430

or Lee Graf.....873-6416

League: September-November, sign-ups in August

American Legion (Summer & Fall) - Lynn Berliner.....873-0918

League: End of May- Mid August & September-Mid November,
sign-ups end of February

Softball

Girls Minor League (6-13 yrs) - Bill Bishop.....872-3291

League: Mid February-Mid May, sign-ups Mid October

Girls Major League (13-18 yrs) - Bill Bishop.....872-3291

League: End of May - Mid July, sign-ups late March

Women's League - Danielle Brewer.....616-7182

League: July - October

Men's League & Coed League - Danielle Brewer.....616-7182

League: Spring: April-June, Summer: July-September

50+ Daytime League - Mary Tessier.....616-7152

Football

West Bay Rams

Football & Cheerleaders - Kosini Lavulo.....270-1523

Mens Flag Football League - Danielle Brewer.....616-7182

Soccer

A.Y.S.O. (4-18 years) - Bob Luttrell.....873-2976

League: Year-Round

Royal Highlanders United F.C. (14-18 yrs)

Thom Brock, Sr.....692-8005

League: Year Round

Lowen Soccer Club (6-19 yrs) - Vic Montoya.....871-8166

League: Year Round

Bocce Ball

Spring, Summer & Fall - Mary Tessier.....616-7152

Clean Sweep Flea Market



Per Flea Market

\$38 Resident, \$48 Non-resident

Sign up for all 3 Flea Markets and receive a \$10 discount (code 5553.304)

\$100 Resident, \$130 Non-resident

Here is a chance for families to rent a 10' x 10' space in San Bruno City Park to sell furniture, records, clothing, sporting goods, and more.

The San Bruno Parks and Recreation Services Department reserves the right to refuse any item offered for sale. All unsold goods must be removed by the seller no later than 5pm.

**For additional information,
contact Dee at 650-616-7183.**

To reserve your space, return registration form (page 43) and payment to:

Flea Market

San Bruno Parks and Recreation Services Department

567 El Camino Real

San Bruno, CA 94066

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Parks and Recreation Services Department
567 El Camino Real
San Bruno, CA 94066**

PSRT STD
U.S. Postage
Paid
Permit #84
San Bruno, CA
E.C.R.W.S.S.

**Residential Customer
San Bruno, CA 94066**

Sunday, July 27
(code 5553.301)
Sunday, September 7
(code 5553.303)
9:00 am - 4:00 pm
in San Bruno City Park

Sunday, August 17
(code 5553.302)
9:00 am - 4:00 pm
in Commodore Park